

## Our Lady Queen of Peace Food Pantry Shopping List

- Instant corn tortilla flour (brands such as Maseca)
- Canola or corn oil (24 oz. or less)
- Boxed healthy cereal or oatmeal (no sugary cereals)
- Spaghetti sauce 24 oz.
- Canned fruit (in its own juice)
- Canned meat/tuna