

In celebration of 75 years of sharing faith and building community, and recognizing the challenges of maintaining connection while many of us cannot come together in person, the Parish Advisory Board (PAB) has put together some new fellowship programs that will allow parishioners to connect with one another despite the challenges faced by COVID. We have also collated a list of many of the ongoing and active ministries in our parish. All are welcome to participate!

### Daily Advent Reflections

The PAB is putting together reflections by parishioners on the daily readings for the season of Advent. If you would like to subscribe to the richness and diversity of OLQP this way via email, or have interest in providing one of the reflections, email Bob Finke at [bfinke1@verizon.net](mailto:bfinke1@verizon.net). Please indicate what language you would like to receive them.

### Virtual Prayer Groups

Seeking community? OLQP Prayer Groups Now Forming! Are you tired of feeling "socially distant" and ready to draw closer to others in faith? "Therefore, encourage one another and build one another up, as indeed you do." 2 Thess. 5:11. The Parish is forming e-groups of 5-7 members who will share intentions weekly, pray for each other, and even pray together on video conference as the group members may desire. Groups will be self-managed and may choose to contemplate a day's scripture in addition to intentions. **Interested?** Please write to Mary Strimel, [mary.strimel@gmail.com](mailto:mary.strimel@gmail.com). Please state whether you would like to be paired with a group that will pray together via Zoom or solely chat via email. Kindly also state your preferred language and whether you are willing to serve as your group's point of contact.

### Weekly OLQP Moment

To celebrate together while we must social distance, the PAB is launching the Weekly OLQP Moment. Every week, there will be a specific day and time where all participants will reflect on the weekly topic. The topic, day and time will be announced weekly in the bulletin. There is no time commitment for reflection. It could be for 2 seconds or 2 hours. There is no report to file or writing requirement to turn in. We humbly pray this weekly moment will give participants time to simply pause the busyness of their lives to allow God to be present and open space in their hearts and minds to hear God's word.

Anyone wishing to add the OLQP moment to their calendar can email "OLQP Moment" to Patrick Julius at [patjulius@verizon.net](mailto:patjulius@verizon.net) to receive the information in a calendar request.

### Virtual Memory Board

In celebration of our 75th Anniversary, the PAB invites you to share your thoughts or memories of OLQP on our virtual memory board. To participate, just go to <https://padlet.com/maureenlucas/olqp75> and click the "plus sign" icon at the bottom of the page. Then, you can easily write a short reflection or share a photograph. Parishioners can visit the website from time to time to see a collection of mementos celebrating the life and history of OLQP.

### Book Clubs

Do you enjoy reading books that challenge and inspire you? Are you interested in joining a community of people to share this experience with? Will you take the journey seriously—while having some fun too? If so, you may be interested in this fellowship opportunity to connect with members of the OLQP family while digging deeper on issues at the intersection of faith, identity and social justice.

**Here's how it works:** 1. Register your interest by [signing up here](https://www.signupgenius.com/go/10c0f4ca5af2ba0ff2-olqp) no later than **November 8** (url: <https://www.signupgenius.com/go/10c0f4ca5af2ba0ff2-olqp>) 2. Interested parishioners will be matched and placed in groups based on their preferences within a few weeks. 3. Set a meeting date with your group and start reading! Suggested reading and a guidance note will be provided but groups will be self-led. For any questions, email Lydia Cardona at [cardona.lydia@gmail.com](mailto:cardona.lydia@gmail.com)

## Pen Pal Program

Do you remember how exciting it was to receive personalized mail from a family member or friend? The OLQP Pen Pal Program wants to bridge the generations through good old fashioned snail mail. We're looking to pair children/teens or families with senior OLQP parishioners, especially during this time of COVID. Not only is it a great way to form bonds within our parish, but it can also help the younger generation with reading and writing in this virtual learning environment. If interested, please contact Leah Tan-yag: [lenrique33@gmail.com](mailto:lenrique33@gmail.com)

## Ongoing Parish Ministry Activities

### Matt 25

Needs help with the distribution of items, outside the Ministry Center on Thurs and Sat, 8:45-11:45am:, must wear masks. Contact: Jim Callow and Meade Hanna, [Matt25OLQP@gmail.com](mailto:Matt25OLQP@gmail.com). Also, needs volunteer sorters. If you have time to come in to help, let us know. Training is available. Please contact Sally Diaz-Wells at [sdiazwells@olqpva.org](mailto:sdiazwells@olqpva.org) or Elaine Duffy at [elaine339@yahoo.com](mailto:elaine339@yahoo.com).

### Gabriel Project

Needs help with sorting diapers and clothes. You can pick up the items, sort them at home, and then bring them back. Contact: Chrissi Gelson, [Chrissi152@gmail.com](mailto:Chrissi152@gmail.com), 508-944-6938

### Knitting Ministry

Continuing to knit for Food Pantry (around the holidays) and others. Contact: Marilena Amoni, [mamoni530@gmail.com](mailto:mamoni530@gmail.com)

### RCIA

Resuming soon with virtual meetings. Contact: Alice and Kevin Curtin, [kevincurtin@verizon.net](mailto:kevincurtin@verizon.net)

### Building Forever Families

Typically meets on the first Sunday of the month. Contact: Debra and Ralph Johnson, [debralpholqp@gmail.com](mailto:debralpholqp@gmail.com)

### Minkisi Ministry

Several upcoming events, which will be publicized in the bulletin. One such event is the 23rd Annual Mini-Retreat on Nov. 14. Monthly meetings consisting of evening prayer, scripture, and reflection. Contact: Cecilia Braveboy, [jisaac3@verizon.net](mailto:jisaac3@verizon.net)

### Gun Violence Prevention Ministry

Typically meet on the first Monday of every other month. Contact: Gerry Laporte, [g.laporte@verizon.net](mailto:g.laporte@verizon.net)

### Spirited Speakers Toastmasters

Meets on the first and third Sundays of each month from 11:30 a.m. to approximately 12:30 p.m. Contact: Wilfred Braveboy, [jisaac6@verizon.net](mailto:jisaac6@verizon.net)

### Share the Word (Bible study)

Meets on the second and fourth Saturday of each month from 9:30 a.m. to 11:00 a.m. Will begin the study of Isaiah, using the Little Rock Scripture materials (books and CD \$15 + postage). Contact: Pat Fitzgibbons, [pfitzgibbons@cox.net](mailto:pfitzgibbons@cox.net)

### Haiti Ministry

Meets on the 3rd Monday of the month at 7:30 PM. Contact: Sue Carlson, [marysusancarolson@gmail.com](mailto:marysusancarolson@gmail.com)

### Gospel Choir

Meeting once a month at 6:30pm to catch up and stay connected. Contact: Alice Lockett, [alice\\_lockett@comcast.net](mailto:alice_lockett@comcast.net)

### Labor Team

Welcoming new members. Contact: Laura Bandini, [htlaura1@gmail.com](mailto:htlaura1@gmail.com)

### Carpenter's Shelter

Several volunteer opportunities available. View more details here: <https://carpentersshelter.org/volunteer/Parish>. Contact: Mary Resnick, [mary.resnick@gmail.com](mailto:mary.resnick@gmail.com)

### Meditation Groups

There are two meditation groups that meet at OLQP. A Friday morning group that continues to meet on Zoom at 10:30 AM and a Monday evening group at 7:30pm that no longer meets during this time (can restart if there's enough interest). You may join us online whether you have any experience with meditation or not. Contact: Susan Thompson, [susanstarrstompson@juno.com](mailto:susanstarrstompson@juno.com)

**OLQP Celebrating 75 Years  
of Faith and Fellowship**