# Prayers to Know

# **Sign of the Cross**



In the name of the Father, and of the Son, and of the Holy Spirit. Amen

## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

#### **Hail Mary**



Hail Mary, full of grace, the Lord is with you! Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

# **Prayer of Praise**



Glory to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning, is
now and ever shall be. Amen

# **Prayer to the Guardian Angel**



Angel of God, my guardian dear, to whom God's love commits me here, ever this day (night) be at my side, to light and guard, to rule and guide.

Amen

# **Blessing Before Meals**

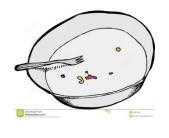
Bless us, O Lord, and these your gifts, which we are about to receive from your goodness, through Christ, our Lord.

Amen



#### **Grace After Meals**

We give you thanks, O Lorde, for these your gifts, which we have received from your goodness, through Christ, our Lord. Amen



## **Prayers to Say Often**

Than you, God, for the blessings you give me!

Jesus, I love you.

Holy Spirit, help me.

Mary, Mother of God, pray for me.

#### **Act of Contrition**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

## **Prayer to the Holy Spirit**

Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love.

Send forth your Spirit, O Lord, and our hearts shall be created. And you shall renew the face of the world.



## **Morning Offering**

O Jesus, through the immaculate heart of Mary, I offer you my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world.

I offer them for the intentions of our bishops and for all our associates, and in particular for those recommended by our Holy Father this month.

#### Memorare

Remember, most loving Virgin Mary, never was it heard that anyone who turned to you for help was left unaided.
Inspired by this confidence, though burdened by my sins, I run to your protection for you are my mother.

Mother of the Word of God, do not despise my words of pleading but be merciful and hear my prayer. Amen

#### **Serenity Prayer**

God grant me the **serenity** to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference



#### **Prayer to St. Patrick**

May the strength of God pilot us. May the power of God preserve us. May the wisdom of God instruct us. May the hand of God protect us. May the way of God direct us. May the shield of God defend us. Amen