

Prayers to Know

Sign of the Cross



In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen

The Lord's Prayer

Our Father, who art in
heaven, hallowed be thy
name; thy kingdom come, thy
will be done, on earth as it is
in heaven. Give us this day
our daily bread, and forgive us
our trespasses, as we forgive
those who trespass against
us; and lead us not into
temptation, but deliver us
from evil. Amen

Hail Mary



Hail Mary, full of grace, the
Lord is with you! Blessed are
you among women, and
blessed is the fruit of your
womb, Jesus. Holy Mary,
Mother of God, pray for us
sinners, now and at the hour
of our death. Amen

Prayer of Praise



Glory to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning, is
now and ever shall be. Amen

Prayer to the Guardian Angel



Angel of God, my guardian
dear, to whom God's love
commits me here, ever this
day (night) be at my side, to
light and guard, to rule and
guide.

Amen

Blessing Before Meals

Bless us, O Lord, and these
your gifts, which we are about
to receive from your
goodness, through Christ, our
Lord.

Amen



Grace After Meals

We give you thanks, O Lorde, for these your gifts, which we have received from your goodness, through Christ, our Lord. Amen



Prayers to Say Often

Than you, God, for the blessings you give me!

Jesus, I love you.

Holy Spirit, help me.

Mary, Mother of God, pray for me.

Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercv. Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful, and kindle in them the fire of your love.

Send forth your Spirit, O Lord, and our hearts shall be created. And you shall renew the face of the world.



Morning Offering

O Jesus, through the immaculate heart of Mary, I offer you my prayers, works, joys, and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world.

I offer them for the intentions of our bishops and for all our associates, and in particular for those recommended by our Holy Father this month.

Memorare

Remember, most loving Virgin Mary, never was it heard that anyone who turned to you for help was left unaided. Inspired by this confidence, though burdened by my sins, I run to your protection for you are my mother.

Mother of the Word of God, do not despise my words of pleading but be merciful and hear my prayer. Amen

Serenity Prayer

God grant me the **serenity** to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference



Prayer to St. Patrick

May the strength of God pilot us. May the power of God preserve us. May the wisdom of God instruct us. May the hand of God protect us. May the way of God direct us. May the shield of God defend us. Amen