

# Ascension of the Lord Family Activity

## May 24, 2020

### Introduction

This Sunday we celebrate the Ascension of the Lord. This is the day the Church recalls that after 40 days Jesus said goodbye to His disciples and ascended or rose up into heaven. The Gospel of Matthew recounts this event and Jesus' final command to His disciples. He told them: "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit," teaching them to observe, "all that I have commanded you". This command is threefold. First, Jesus says "Go make disciples". Second he says to baptize in the Name of the Father and of the Son and of the Holy Spirit. Third, he tells them to teach us to observe all He commanded. We are asked by Jesus today to be active disciples, baptize and teach. This is the final command of Jesus and the mission of the church to this day. How can you help spread the good news of the kingdom of God by going and making disciples, baptizing and teaching? In the first reading we hear the account of the Ascension from the Acts of the Apostles. In this account by Luke we hear the disciples asking when Jesus will establish the kingdom of Israel. Jesus responds to their question by saying that it is not for them to know the day and hour but that He will send the Holy Spirit who will make them His witnesses in Jerusalem, Judea, Samaria and even to the ends of the earth. The disciples may not know it yet but Jesus is appointing them to bring His kingdom to earth, and this is our mission too.



### Materials

1. Gospel reading from the USCCB found [HERE](#)
2. Bible
3. Gospel Reflection
  - ⇒ Homily from any Mass livestreamed @ 9:30am, 11:15am and 1pm (in Spanish) [HERE](#)
  - ⇒ List to reflection by Bishop Robert Barron [HERE](#)
4. Music options 1) [Christ is Exalted](#) 2) [Lord You Gave the Great Commission](#)
5. [The Great Commission of Matthew 28](#) short article
6. [Ascension of Jesus craft](#) with printable page
7. Sky Jell-O activity ingredients: Jell-O (Blue preferably but red or another color would be like a sunset) Whipped topping or whipping cream, hot and cold water, clear glass for each family member.
8. [Kids video about the Ascension](#)
9. [The Feast of the Ascension explained with LEGO](#)

### Method

1. **Pray together:** Thank God for your family, for his love and for this time together. Praise Him for his goodness and His grace. Ask Him for anything that you need.
2. **Listen to or Read** the First Reading, Psalm, Second Reading and Gospel.
3. **Converse** about the readings. What caught your attention? What meaning do you find in it?
4. **Do** the Sky Jell-O activity.
5. **Talk** about how Jesus ascended to heaven and has gone to prepare a place for us. He also has sent us on a mission to bring His good news to the whole world and to help to bring others into His family through baptism. How can you participate in Jesus' Great Commission to go to all nations and make disciples for Jesus?
6. **Pray together** the Our Father.

# Activity

## *Sky Jell-O*

Idea and instructions and images from [heatherhaupt.com](http://heatherhaupt.com) with editing.

This is a fun desert activity to do to remind us that on the Ascension Jesus rose into Heaven through the clouds and is now at the right hand of the Father.



### Ingredients

- \* Berry Blue Jell-O (other colors work but may not look like clouds, you can also use food coloring and a light colored Jell-O)
- \* Whipped topping or Whipped cream
- \* Some kind of clear glass or plastic cup.

1. Follow directions to make Jell-O and allow to set.
2. Make whipped cream or defrost whipped topping.
3. With a spoon stir up Jell-O so it is all broken up.
4. Spoon out enough Jell-O to cover bottom of glass.
5. Carefully spoon some whipped cream into one side of cup and smooch it against the side. This will give the “cloud look”.
6. Cover with more Jell-O. Repeat, making a cloud on the other side of glass.
7. Enjoy right away or chill for later.

### [Optional video instructions](#)





