

OLQP MISSION STATEMENT

Our Lady Queen of Peace Catholic Church is dedicated to witnessing the teachings of Jesus Christ, especially the Gospel of Saint Matthew, Chapter 25:31-46. Our mission is to nurture the spirit and to encourage the potential of those we serve through liturgical celebration, educational endeavors and social ministries. The parish will continue to identify with its origin as a Black parish. As a multi-ethnic congregation we will seek to promote racial harmony and social justice. While our primary focus is within the immediate community, we will also work to provide for the well-being of the downtrodden everywhere. In this we strive for our parish community to be a caring, sharing, and loving family.



OUR LADY QUEEN OF PEACE CATHOLIC CHURCH

February 1, 2026

FOURTH SUNDAY IN ORDINARY TIME

First Sunday of Black History Month



National Day of Prayer for the African American Family

God of Mercy and Love we place our African American Families before You today. May we be proud of our history and never forget those who paid a great price for our liberation. Bless us one by one and keep our hearts and minds fixed on higher ground. Help us to live for You and not for ourselves, and may we cherish and proclaim the gift of life. Bless our parents, guardians and grandparents, relatives and friends. Give us the amazing grace to be the salt of the earth and the light of the world. Help us, as Your children, to live in such a way that the beauty and greatness of authentic love is reflected in all that we say and do. Give a healing anointing to those less fortunate, especially the motherless, the fatherless, the broken, the sick and the lonely. Bless our departed family members and friends. May they be led into the light of your dwelling place where we will never grow old, where we will share the fullness of redemption and shout the victory for all eternity. This we ask in the Precious Name of Jesus, our Savior and Blessed Assurance. Amen.

Holy Mary, Mother of Our Families, pray for us.

--Prayer composed by Fr. Jim Goode, OFM, who in 1989 founded
National Day of Prayer for the African American Family

In recognition of this national day of prayer, please join with the congregation in praying this prayer at the conclusion of the Prayer of the Faithful at all Masses this weekend.

THIS WEEKEND'S SECOND COLLECTION:

ARLINGTON CATHOLIC HERALD

SEGUNDA COLECTA DE ESTE FIN DE SEMANA:

PERIÓDICO DIOCESANO HERALD

Welcome to OLQP Catholic Church!

¡Bienvenidos a OLQP iglesia católica!

Contact / Contacto:

2700 19th St S, Arlington VA 22204

703-979-5580, office@olqpva.org

Office Hours

Horas de oficina

Monday-Friday — 8:30am to 4:30pm

Lunes a viernes — 8:30am a 4:30pm

Website / sitioweb:

www.ourladyqueenofpeace.org

Live Stream Mass Schedule:

Horario de Misas de transmisión en directo:

January 31—February 1 6pm and 1pm in Spanish

31 enero—1 febrero 6pm y 1pm en español

Masses / Misas:

Weekdays / *Días laborables:*

Mon-Fri. 12pm / *lunes a viernes 12pm*

Weekend Mass Schedule /

Horario de Misas de fin de semana:

Saturday Vigil — 5:30pm

Misa de vigilia sábados - 5:30 pm

Sundays — 8:00am, 9:30am, 11:15am,

1:00pm (Spanish) & 6:00pm (Young Adult)

Domingos — 8:00 am, 9:30 am, 11:15 am,

1:00 pm (español) y 6:00 pm (Misa de

jóvenes adultos)

DECLARACIÓN DE MISIÓN DE OLQP

La parroquia de la iglesia católica Nuestra Señora Reina de la Paz se dedica a dar testimonio de las enseñanzas de Jesucristo, especialmente el Evangelio de San Mateo, Capítulo 25:31-46. Nuestra misión es nutrir el espíritu y alentar el potencial de aquellos a quienes servimos a través de la celebración litúrgica, labores educativas y ministerios sociales. La parroquia continuará identificándose con su origen como una comunidad afro-americana, pero reflejando una congregación multi-étnica y continuará promoviendo la armonía racial y la justicia social. Si bien es cierto que nuestro enfoque principal es la vecindad comunitaria, continuaremos trabajando para proveer por el bienestar de los más necesitados en general. Es así como nos esforzamos para hacer de nuestra comunidad parroquial una familia que comparte y se preocupa por sus miembros.

Iglesia Católica Nuestra Señora Reina de la Paz

1 de febrero de 2026

Cuarto domingo en el tiempo ordinario

A Consistent Ethic of Life Catholic Community

SACRAMENTAL PREPARATION / PREPARACIÓN SACRAMENTAL

Baptism / Bautizo:

Please email Baptism Coordinator Mary Ann Suhocki, baptism@olqpva.org.
Por favor mande un correo electrónico a la coordinadora de los bautizos, Mary Ann Suhocki, baptism@olqpva.org.

Marriage Preparation/ Preparación para el matrimonio:

Please contact the parish office at least six months before your wedding date to complete requirements.
Por favor llame a la oficina de la parroquia seis meses antes de su matrimonio para completar todos los requisitos.

Reconciliation / Reconciliación—Confesión:

Fr. Ray Hall Library
Biblioteca Fr. Ray Hall
Sat, 4:45-5:15 pm & by appointment.
Los sábados: 4:45-5:15 pm, y por cita previa.

SUNDAY COLLECTIONS / COLECTAS DEL DOMINGO

Sunday Collections / Colectas del domingo: \$1,047
(snow and icy conditions)
Church in Lation America / La Iglesia en América Latina: \$1,955
(snow and icy conditions)
ParishSoft Giving - weekly avg.: \$15,099

Word & Eucharist Missalette/

Misal Palabra y Eucaristía

Today's readings can be found on page 300
Las lecturas de hoy se encuentran en la página 301

BULLETIN DEADLINE / PLAZO PARA EL BOLETÍN

Wednesday 9am — office@olqpva.org

OUR SICK AND HOMEBOUND STRENGTHEN US /

NUESTROS ENFERMOS Y CONFINADOS NOS FORTALECEN

PLEASE PRAY FOR / POR FAVOR OREMOS POR: Christiana Achebe, Suri Barahona, Grace Bialecki, Cindy Bianga, Francis Bilgera, Joseph Leopold Bissonnette, Precious Bowens, April Brassard, Dave Brassard, Evie Brown, Lynne Burgh, Chris Bruns, Mary Callow, Brody Carroll, Antonio Fernandez Castillo, Louise Chambers, Fred Clarke, Carmen Rosa Claire, Chris Comer, Jeff Cory, Adele Crump, Mary DaLuca, Cheryl Darby, Donna Davis, Jim Davis, Adrienne DiCerbo, Calista Downey, Tim Felker, Elizabeth (Bunny) Foster, Yvette Francois, Anne Fullerton, Joseph Funk, Iva Futrell, Judy Francia-Reyes, Trishann Ganley, Francine Gemmill, Fred Gladbach, Jo Marie Griesgraber, Melanie Guitreaux, Joe Harrington, Harris Family, Linda Hawkins, Clare Hayden, Dee Hickey, Pamela Hoeft, Jan Hyland, Patrick Hynes, Pat Johnson, Sharon Jourdan, William Kahl, Gus Karns, Janie J. Key, Ruth Klarman, Carmen Andrea Lara, Alexa LaRue, Patrick Lawrey, John Lawyer, Linda Lipari, Lidia Montero Lopez, Olga MacKenzie, Wil McBride, Stefan McGuigan, Martha Gladys Medina, Maria Magdalena Medrano de Ventura, Dick Melia, Eileen Melia, Frances Mierzwa, Arthur Miller, Mary Miller, Betty Mills, Yvonne Mockler, Carmen Montijo, Dorothy Moran, Rosemary Morrissey, Luis R. Muñoz, Zoe A. Muñoz, Chelsea Murray, Connie Murray, Paul Murray, Dorothy Myrtle, Mario Amel Najarro, Karen Newman, Stephen Nutter, Julie O'Brien, Peggy O'Brien, Patrick Ogden, Carol Pacello, Roy Paco, Neil Parent, Catherine Parr, Mary Pasquarella, Mark Pazich, Minnie Pazich, Hazel Pulliam, Paul Ramirez, Santos Ramirez, Jacob and Jaxson Rivera, Maritza Roldan, Marco Cristiaan Rufolo-Roger, Josefina Salgado, Carolyn Santos, Jane Shepard, Donna Smith, Jeffrey Smith, Mary E. Smith, Lora Smolenski, Suzie Snedgen Warner, Eva Souza, Grace Starbird, George Stewart, Michael Arthur Sweat, Nancy Urquizo, Alma Reyes Valentin, Carina Vaquez, Robin Vogel, Robert & Maureen Wallace, Jim Webster, Al Williams, Kate Witkowski, Lauren Wolfe, Mary Woods

FOURTH SUNDAY IN ORDINARY TIME

CUARTO DOMINGO EN EL TIEMPO ORDINARIO

Zephaniah 2:3; 3:12-13 (70A); 1 Corinthians 1:26-31; Matthew 5:1-12a
Sofonías 2,3;3,12-13 (70A); 1 Corintios 1,26-31; Mateo 5,1-12a

FIFTH SUNDAY IN ORDINARY TIME

QUINTO DOMINGO EN EL TIEMPO ORDINARIO

Isaiah 58:7-10 (73A); 1 Corinthians 2:1-5; Matthew 5:13-16
Isaías 58,7-10 (73A); 1 Corintios 2,1-5; Mateo 5,13-16

MASS INTENTIONS, JANUARY 31 – FEBRUARY 1

FOURTH SUNDAY IN ORDINARY TIME

INTENCIONES DE LAS MISAS, 31 ENERO – 1 FEBRERO

CUARTO DOMINGO EN EL TIEMPO ORDINARIO

Saturday, January 31st

5:30 pm Francisca Zelaya (L) by Lilia Koechlin

Sunday, February 1st

8:00 am Veronica Gomes (Anniversary) (D) by Florence Gomes

9:30 am Raquel 'Pat' Hall (Birthday) (D) by Adrian Hall

11:15 am Gulab Bhojwani (D)

by Cenacle Circle sisters c/o Judith Francia-Reyes

1:00 pm La Virgen de Candelaria (D) by the parish

6:00 pm Ruvva Gómez Ruiz (D) by the López family

Monday, February 2nd

12:00 pm Debby Gregos (Birthday) (D) by Kris Gregos

Tuesday, February 3rd

12:00 pm Gloria Moloche (L) by Lilia Koechlin

Wednesday, February 4th

12:00 pm Mercedes Marín (Birthday) (D) by Isabel Hidalgo

Thursday, February 5th

12:00 pm Carol Ann Sauer (D) by Marianne Petrino-Schaad

Friday, February 6th

12:00 pm Paul Hibschman (D) by David Lamdin

OLQP PARISH STAFF / PERSONAL DE LA PARROQUIA

Pastor / Párroco: **Fr. Tim Hickey, CSSp**, thickey@olqpva.org

Parochial Vicar / Párroco Asociado: **Fr. Martin Vu, CSSp**,

mvu@olqpva.org

Parochial Vicar / Párroco Asociado: **Fr. Pontien Kenfack, CSSp**,

pkenfack@olqpva.org

Deacon / Diácono: **Dcn. Tony Remedios**, tremedios@olqpva.org

Parish Office / Oficina parroquial

Business Manager / Gerente de Negocios: **Christina Kozyn**,

ckozyn@olqpva.org

Social Justice & Outreach Minister / Ministro de Justicia Social y

Acercamiento (bilingüe): **Sally Díaz-Wells**, sdiazwells@olqpva.org

Youth & Young Adult Minister / Ministro de Adolescentes y Jóvenes Adul-

tos: **Rebecca Grant Jenkins**, rgrantjenkins@olqpva.org

Faith Formation Director / Director de Formación de Fe (bilingüe):

Cecilia López Oetgen, clopez@olqpva.org

Faith Formation Assistant: **Carly Onopa**, conopa@olqpva.org

Office Manager (bilingüe): **Ligia Loza**, lloza@olqpva.org

Administrative Support:

Jeannette Gantz Daly, jgantz Daly@olqpva.org

Mike Leahy, mleahy@olqpva.org

Maintenance Department Support (bilingüe):

Mel Cabrera, mlvncabrera@gmail.com

Michael Hill, mgdvet53155@yahoo.com

Zulema Ramallo and Henry Nguyen

JUST A THOUGHT... or two...

This Sunday we hear Matthew's account of Jesus' famous "Sermon on the Mount." We've heard it over and over since we were children and are hardly shocked by Jesus' description of the reign of God. Undoubtedly some of those who gathered on that slope to listen to Jesus were shocked by the picture he painted of the Reign of God. It made no sense and ran contrary to the sociopolitical reality of their lives.

What was he thinking?...The meek will inherit the land? We all know that it is the powerful who control the land; it is the powerful who decide who enters the land and who gets to stay in the land...and the "peace-makers," well, they usually get run over by the armies and the people with the biggest weapons! And what was he saying about the "poor in spirit"?... Theirs is the Kingdom of God? Wait a minute, I thought the Kingdom belonged to the righteous and those who followed The Law down to the letter.

Well, the truth is that Jesus had a different take on the whole matter. The beatitudes name the ways in which peoples' lives and wellbeings are threatened: by grinding poverty, grief, landlessness, hunger, war, and the open and active persecution of the people by the Roman occupation.

Jesus does not advise that those so afflicted simply wait for a reversal of fortune in the here-after, although the final verse does speak of great reward in heaven.

Jesus calls for **attitudes and actions** that will more fully bring about the reign of God. The poor in spirit are the humble whose wealth is found in God and not in gold...any wealth they do have is to be shared with the materially poor. The meek are not to be "shrinking violets" who accept injustices, but rather, those who know their proper place as children of God, and who stand up and resist repression, to insure that all people are treated with dignity and as full heirs to God's Reign.

The beatitudes are really "**Be - Attitudes**"...they call us to holiness through reaching out to all who suffer in this world, and promise us that to the extent that we reach out to, and work on the behalf of the suffering, to the extent we work to right injustices against immigrants and migrants, when we work to end all forms of systemic racism, misogyny and all policies that marginalize, silence and demean the human dignity of our sisters and brothers, then we will become more fully the "blessed of God" and through that resistance we are actively building up the Reign of God!

As we take time this week to reflect on this Gospel in light of all of the violence and intimidation against immigrants across our nation by Federal Authorities, let us ask ourselves: in what concrete ways will I live out the "**Be - Attitudes**" this week and show my resistance to the anti-immigrant violence? Will I join local prayer protests, and stand in solidarity with my immigrant sisters and brothers? Will I write and call multiple members of Congress, both Republican and Democrat, to share my thoughts on the brutality of ICE actions in cities around the country like in Minneapolis? Can I call the White House and register my opinion on the brutal and inhumane tactics and policies towards immigrants and immigration that this Administration is undertaking? Remembering that every prayer, every phone call, every letter, every act of resistance matters because we are a people of light living in a time of growing darkness. And, we need to let our light shine, as individuals, as communities and as a nation by our words and by our actions.

May the Holy Spirit that dwells within each one of us, guide us and guard us as we seek to resist hatred and evil and seek to be builders of peace and makers of justice as we pursue to build up the Reign of God in the here and now.

May the peace and light of the Risen Christ be upon you all!

Fr. Tim

DIOCESAN NEWSPAPER SECOND COLLECTION –

This Weekend, February 1

The Arlington Catholic Herald is the official newspaper and news source of the Diocese of Arlington. This award-winning, biweekly publication provides Catholic news and information about our diocese, the U.S. bishops, and the Vatican, reaching approximately 100,000 homes across Virginia and beyond — and offering 24/7 coverage at catholicherald.com. Please consider contributing to the annual second collection on January 31–February 1, 2026, which helps our parish support the Catholic Herald in its mission to spread the Good News. Checks may be made payable to Our Lady Queen of Peace, with "ACH Second Collection" written on the memo line.

OLQP's 2026 assessment is more than \$28,000. We pay \$14 per household for 80% of our registered families. Please help defray the cost by supporting next weekend's second collection.

3/8

LA SEGUNDA COLECTA PARA EL PERIÓDICO DIOCESANO de este fin de semana, 1° de febrero

El Arlington Catholic Herald es el periódico oficial y la fuente de noticias de la Diócesis de Arlington. Esta publicación quincenal premiada, provee las noticias católicas e información sobre nuestra diócesis, los obispos de los EE.UU. y el Vaticano. Llega a alrededor de 100,000 hogares en Virginia y más allá y ofrece una cobertura de 24 horas y 7 días en catholicherald.com.

Por favor considere contribuir a la segunda colecta anual el 31 de enero y el 1° de febrero 2026, que ayuda a nuestra parroquia a apoyar el Catholic Herald en su misión de difundir las Buenas Nuevas. Puede hacer los cheques a nombre de Our Lady Queen of Peace y escriba "ACH Second Collection" en la línea del asunto.

El costo del 2026 para OLQP es más de \$28,000. Pagamos \$14 por hogar por el 80% de nuestras familias inscritas. Por favor ayude a sufragar el costo apoyando la segunda colecta el próximo fin de semana.

2025 CONTRIBUTION STATEMENTS

Please watch for your 2025 contribution statement in the mail. Statements detailing your 2025 donations have been mailed. Please note: USPS service in our area has been sporadic so please be patient; however, if you have not received your statement by the second week in February please email or call Christina, ckozyrn@olqpva.org, 703-979-5580, to have a copy emailed or resent. Thank you.

YOUTH MINISTRY:

- **The Catholic Heart Workcamp Zoom information meeting is postponed until Sunday, February 8th, at 5:00pm.** Due to an administrative error, Catholic Heart Work Camp is tentatively scheduled for July 19 - 24, 2026 **OR** July 12 -17, for rising 8th - 12th graders. Applications are now open: <https://tinyurl.com/OLQPVACHWC2026>. Please see the flyer in the back of church for details. Adult Volunteers - Get involved with Work Camp! This week-long service program relies on parishes making a community effort. Join us!
- Got some time on your hands? Adult volunteers needed to accompany our youth at our weekly gatherings, retreats, and work camps. No experience is necessary! Virtus training and background checks are required. If interested, please complete the interested form here, <https://tinyurl.com/OLQPVAYMVOL>. For more information, please contact Rebecca Grant Jenkins, Director of Youth & Young Adult Ministries, rgrantjenkins@olqpva.org.
- **You Buy, We Fry Fellowship Fish Fry** - Join us Friday, February 20 at 6:00pm for Fr. Martin's **Take Out Lenten Fish Fry** of fish, shrimp, or combo dinner with fries and coleslaw. \$15.00 per order. Proceeds go to support the Youth & Young Adult Ministries work camp mission and pilgrimage trips. Please see the flyers at the back of church to place your order, today! Or for more details, contact Rebecca Grant Jenkins, Director of Youth & Young Adult Ministries, rgrantjenkins@olqpva.org. To pay in advance, please go to: <https://giving.parishsoft.com/app/giving/FD-271?tab=home> , then choose "Fellowship Fundraiser" in the drop-down box.

MATTHEW 25 is looking for sorters. They work to get the store restocked and sort and store items. The days are Monday through Thursday from 9am until 12noon in the Ministry Center. Volunteer one day a week or four; we just need help. Interested, please contact Sally Diaz-Wells at sdiazwells@olqpva.org

FOOD PANTRY is looking for help with picking up bread on Thursday mornings. The bread is donated to us, but we need to pick it up in Lorton. Interested? Please contact Sally Diaz-Wells at sdiazwells@olqpva.org.

DINNER & FAITH SHARING - All Are Welcome!

Are you looking for community? Interested to share your faith with new friends? Join the Arlington Cursillo community and fellow parishioners on Saturday, Feb 14 at 6:45pm (after the 5:30pm mass) in the Founders Room of the Ministry Center. Together we will pray, eat, and share personal stories of God's Grace. Dinner is a potluck, so bring food or drinks to share. Questions - contact Jennifer & Linda at OLQP.Ultreya@gmail.com.

RESÚMENES DE CONTRIBUCIONES DEL 2025

Espera el resumen sus contribuciones de donaciones del 2025 a la parroquia por correo. Los resúmenes detallando sus donaciones se están enviando hasta finales de mes. Por favor tome nota: el servicio de correo en nuestra área ha estado esporádico así que por favor tenga paciencia, pero si no ha recibido la certificación para la segunda semana de febrero por favor mándele un correo electrónico o llame a Christina, ckozyrn@olqpva.org, 703-979-5580 para recibir una copia por correo electrónico o para volver a recibirla. Gracias.

MINISTERIO PARA ADOLESCENTES:

- ¿Tiene tiempo extra? Se necesitan personas adultas para ser voluntarias y acompañar a nuestros jóvenes. ¡No necesita tener experiencia! Se requiere entrenamiento Virtus y una verificación de antecedentes. Si está interesada/o, por favor complete el formulario de interés aquí, <https://tinyurl.com/OLQPVAYMVOL>. Para obtener más información, por favor contacte a Rebecca Grant Jenkins, Ministra de los ministerios para adolescentes y jóvenes adultos, rgrantjenkins@olqpva.org.
- **Pescado frito, usted compra, nosotros freímos** – Únase a nosotros el viernes, 20 de febrero a las 6:00pm. El Padre Martin va a freír pescado para **el Pescado frito de Cuaresma para llevar a casa**. Va a tener pescado, camarones o una cena combinada con papas fritas y ensalada de col. El costo es de \$15 por pedido. Los ingresos van a apoyar el campamento de trabajo y las peregrinaciones. ¡Vea los volantes en la parte trasera de la iglesia para hacer su pedido hoy! O puede obtener más detalles si contacta a Rebecca Grant Jenkins, Ministra de los Ministerios de adolescentes y jóvenes adultos, rgrantjenkins@olqpva.org. Para pagar por adelantado, por favor vaya a: <https://giving.parishsoft.com/app/giving/FD-271?tab=home> y escoja "Fellowship Fundraiser" en el cuadro desplegable.

MATEO 25 busca personas para clasificar ropa. Trabajan para reponer ropa, clasificar y guardar los artículos. Los días son de lunes a jueves de 9am hasta las 12 del mediodía en el Ministry Center. Sea voluntaria/o un día o cuatro a la semana. Necesitamos ayuda. Si está interesada/o, por favor contacte a Sally Diaz-Wells: sdiazwells@olqpva.org

LA DESPENSA DE ALIMENTOS está buscando ayuda para recoger el pan los jueves por la mañana. El pan es donado, pero tenemos que ir a Lorton para recogerlo. ¿Está interesada/o? Por favor contacte a Sally Díaz-Wells: sdiazwells@olqpva.org.

CENAR Y COMPARTIR LA FE

¡Todas las personas son bienvenidas!

¿Busca una comunidad? ¿Está interesada/o en compartir su fe con nuevas amistades? Únase a la comunidad de Cursillo de Arlington y otros feligreses el domingo, 14 de febrero a las 6:45pm (después de la Misa de las 5:30pm) en el **Founders Room** del Ministry Center. Rezaremos, comeremos y compartiremos historias personales de la gracia de Dios. La cena es compartida (potluck), así que traiga comida o bebidas para compartir. Si tiene preguntas contacte a Jennifer y Linda: OLQP.Ultreya@gmail.com.

**PARISH ADVISORY BOARD –
CALL FOR NOMINATIONS!**

Did you know OLQP has elected lay leadership that supports Fr. Tim and parish activities? Parish Advisory Board (PAB) members commit to attend bimonthly meetings (currently 2nd Thursday of the month), serve on committees as needed, and listen to and present parishioners' views. The PAB strives to represent the many backgrounds, ages, mass cohorts, and ministry groups of the parish. Six (6) seats are up for election, with new members serving a two-year term. Registered parishioners who have been active for at least two years are eligible and encouraged to consider the PAB – nominate yourself or a fellow parishioner. Nomination slips are available in the sanctuary, or you may submit nominations via email to olqpelection@gmail.com. (Please include the nominee's full name, phone number, and email address). The nomination period closes at the end of the day on Sunday, February 8.

CATHOLIC PILGRIMAGE to Fátima, Lourdes, Zaragoza, Madrid with Fr. Pontien Kenfack ZOOM Meeting or In-person – Please mark your calendars for Tuesday, February 17, 6-8pm. Contact Fr. Pontien for the zoom link if that's your preference: pkenfack@olqpva.org. All pilgrims preparing for the trip to Fátima, Lourdes, Madrid, and Zaragoza with Fr. Pontien this year are invited to a meeting either in person in the Ministry Center, Founders Room or via Zoom. All who are interested and who would like to learn more are encouraged to attend. Please contact Fr. Pontien for the zoom link or come in person.

IN CHRIST, WE ARE ONE

The 2026 Bishop's Lenten Appeal has begun, and you should be receiving a letter from Bishop Burbidge. This year's theme is *'In Christ, We Are One.'*

The BLA is how we come together as a diocesan family to support ministries no single parish could provide alone - forming our future priests, providing Catholic Charities services to families in crisis, strengthening youth ministry, training religious education teachers, and bringing Christ's hope to thousands across the diocese.

Our goal as a parish is 100% participation. We're asking every family and household to prayerfully consider a gift - **no amount is too small.** Whether you can give \$25 a month or \$500 as a one-time gift, your participation matters and unites us as one Body in Christ.

Please consider a **monthly recurring gift** to spread your generosity throughout the year and make a greater impact over time.

You can give online at arlingtondiocese.org/bla or return your commitment card by mail. Thank you for your generosity.

**JUNTA CONSULTORA DE LA PARROQUIA –
¡SOLICITANDO NOMINACIONES!**

¿Sabía que OLQP ha elegido un liderazgo laico que apoya al Padre Tim y las actividades de la parroquia? Las personas que forman parte de la Junta Consultora de la parroquia (PAB por sus siglas en inglés) se comprometen a asistir a reuniones bimestrales (actualmente el segundo jueves del mes), a servir en comités según sea necesario y escuchar las opiniones de los feligreses actuales. La PAB se esmera por representar los diversos orígenes, edades, cohortes de Misas y grupos ministeriales. Hay 6 plazas para esta elección y las personas nuevas servirán un mandato de dos años. Personas inscritas en la parroquia que han estado activas por un mínimo de dos años son elegibles y se les anima a considerar la PAB. Puede nominarse o nominar a otra persona que pertenece a la parroquia. Las papeletas de nominación están disponibles en el santuario o puede someter nominaciones por correo electrónico a olqpelection@gmail.com. (Por favor incluya el nombre completo de la persona nominada, su número de teléfono y dirección del correo electrónico). El período de nominación termina al final del día el domingo, 8 de febrero.

PEREGRINACIÓN CATÓLICA a Fátima, Lourdes, Zaragoza y Madrid con el Padre Pontien Kenfack. Reunión por ZOOM o en persona –

Por favor marquen sus calendarios para el martes, 17 de febrero, de 6 a 8pm. Contacte al Padre Pontien para obtener el enlace para el zoom si eso es lo que prefiere: pkenfack@olqpva.org

Se invita a todas las personas peregrinas que se preparan para el viaje este año a Fátima, Lourdes, Zaragoza y Madrid con el Padre Pontien a una reunión en persona en el Founders Room del Ministry Center o por Zoom. Se anima a todas las personas interesadas y las que quisieran saber más a asistir. Por favor contacte al Padre Pontien para obtener el enlace para el zoom o venga a la reunión.

EN CRISTO SOMOS UNO

La Petición Cuaresmal del Obispo del 2026 ha comenzado y los feligreses inscritos deberán recibir una carta de Monseñor Burbidge enviada por correo postal. El tema de este año es *'En Cristo, somos uno'*.

La Petición Cuaresmal del Obispo es la forma en que nos unimos como familia diocesana para apoyar ministerios que ninguna parroquia podría sostener por sí sola: la formación de nuestros futuros sacerdotes, la prestación de servicios de Caridades Católicas a familias en crisis, el fortalecimiento del ministerio de adolescentes, la capacitación de maestros de educación religiosa y la difusión de la esperanza de Cristo a miles de personas en toda la diócesis.

Nuestra meta como parroquia es lograr el 100% de participación. Les pedimos a todas las familias que consideren con oración hacer una donación; **ninguna cantidad es demasiado pequeña.** Ya sea que puedan donar \$25 al mes o \$500 como un regalo único. Su participación es importante y nos une como un solo Cuerpo en Cristo.

Por favor considere hacer una donación mensual recurrente para extender su generosidad a lo largo del año y lograr un mayor impacto con el tiempo.

Puede donar en línea en arlingtondiocese.org/bla o enviar su tarjeta de compromiso por correo. Gracias por su generosidad.

**ASH WEDNESDAY
MASSES AND SERVICES
FEBRUARY 18**

Outdoor Prayer Service with Distribution of Ashes:
8:00am and 5:00pm
Mass with Distribution of Ashes: 12noon
Bilingual Mass with Distribution of Ashes: 7:00pm
Prayer Service with Distribution of Ashes: 9:00pm
*(Services outdoors only if weather permits;
otherwise, in church.)*



**MIÉRCOLES DE CENIZA
MISAS Y SERVICIOS
18 de febrero**

Servicio de oración al aire libre con distribución de las cenizas: 8:00am y 5:00pm
Misa con distribución de las cenizas: 12 del mediodía
Misa bilingüe con distribución de las cenizas: 7:00pm
Servicio de oración con distribución de las cenizas: 9:00pm
(El servicio al aire libre tendrá lugar en la iglesia si hay mal tiempo.)

INCLEMENT WEATHER POLICY

Evening and weekend activities (except scheduled Masses): OLQP follows the decision of Arlington Public Schools for cancellation of evening and weekend activities. Those traveling outside the local school district should use their best judgment. For the most up-to-date information for Arlington Public Schools, please call 1-866-322-4277 or visit: [www.apsva.us/post/inclement-weather-announcements/Parish Office Staff and Weekday Activities](http://www.apsva.us/post/inclement-weather-announcements/Parish-Office-Staff-and-Weekday-Activities), 8:30am-4:30pm: Office and weekday activities follow the decision of the Federal Government. Tune in to your local radio and tv stations for updated information or visit: www.opm.gov/policy-data-oversight/snow-dismissal-procedures/
Masses: The decision to cancel Masses within the Diocese of Arlington is made by Bishop Burbidge and broadcast on local radio and tv stations.
To the extent it's possible, notice will be placed on the parish website and recorded on the phone message. Please use your best judgement when traveling outside the immediate area.

PARISHSOFT GIVING—OLQP's E-giving Platform

If you were an active Faith Direct user, your record was upgraded to ParishSOFT Giving. If you are accessing your account for the first time since the upgrade (9/23/25), you will need a password reset – please contact Christina in the parish office to request that: ckozy@olqpva.org. ParishSOFT Giving uses the same email address for your user name as you used with Faith Direct. You will just need a new password.
Login [here](#) to view your scheduled gifts, payment information, and to view the last four weeks of your contribution history. Use the same link to add, delete and edit your scheduled gifts – once logged into your ParishSOFT Giving account, click on “scheduled” and “history” to access this information.
New online donors, please click [here](#) to setup a one-time gift or recurring gift by completing the Give Now form. Use the dropdown arrow to select the fund you would like to contribute to: Sunday Collection, Pastor's Outreach, Food Pantry, etc.
Need help? Please contact OLQP's Business Manager, Christina ckozy@olqpva.org or contact ParishSOFT Giving donor support at 866-930-4774 option 6 or donorsupport@parishsoft.com.
Thank you for your support and generosity. <https://giving.parishsoft.com/App/Giving/FD-271>

NORMAS ANTE LA INCLEMENCIA DEL CLIMA

Las actividades nocturnas y de fin de semana (con excepción de las misas programadas): OLQP sigue la decisión de las Escuelas Públicas de Arlington para la cancelación de actividades nocturnas y de fin de semana. Las personas que estuvieran fuera del sistema escolar local deben utilizar su mejor juicio. Para obtener la información más actualizada sobre las Escuelas Públicas de Arlington, por favor llame al 1-866-322-4277.
Personal de la Oficina Parroquial: las actividades de la Oficina y del día siguen la decisión del Gobierno Federal. Sintonice las emisoras de radio y televisión locales para obtener información actualizada.
Misas: La decisión de cancelar las misas dentro de la Diócesis de Arlington es hecha por el obispo Burbidge y transmitida por las estaciones de radio y televisión locales.
En la medida de lo posible, el aviso será colocado en el sitio web de la parroquia y en el mensaje telefónico.

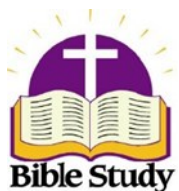
PARISHSOFT GIVING –

Plataforma de donaciones electrónicas de OLQP

Si usted usaba Faith Direct, su historial se cambió a ParishSOFT Giving. Si está accediendo su cuenta por primera vez desde su actualización (9/23/25), va a necesitar reestablecer una contraseña. Por favor, contacte a Christina en la oficina parroquial para pedir eso: ckozy@olqpva.org. ParishSOFT Giving usa la misma dirección electrónica para su nombre de usuario/o que usó para Faith Direct. Solamente necesita una contraseña nueva.
Inicie su sesión aquí para ver sus donaciones programadas, información de pagos y para ver las últimas cuatro semanas de su historial de contribuciones. Use el mismo enlace para añadir, eliminar y editar sus donaciones programadas. Una vez que ha iniciado su sesión en su cuenta en Parish SOFT Giving, haga clic en “scheduled” y en “history” para acceder esta información.
Donantes nuevas/os en línea, por favor hagan clic en “Give Now” para configurar una donación única o periódica al completar el formulario.
Use la flecha desplegable para seleccionar el fondo al que desea contribuir: Sunday Collection, Pastor's Outreach, Food Pantry, etc.
¿Necesita ayuda? Por favor contacte a la gerente de negocios de OLQP, Christina ckozy@olqpva.org o contacte ParishSOFT Giving apoyo para donantes: 866-930-4774 opción 6 o donorsupport@parishsoft.com.
Gracias por su apoyo y generosidad. ¡Es esencial para las buenas obras de OLQP!
<https://giving.parishsoft.com/App/Giving/FD-271>

Programs that are open to the entire community, but offered in English only.

Programas que le dan la bienvenida a toda la comunidad, pero que solo se ofrecen en inglés.



READING HIS WORD

Are you a young adult who wants to participate in Bible Study but not sure where to start? On Thursday, February 5th, at 7:00 pm at Casa Guadalupe, the TAU Young Adult Ministry is beginning a foundational Bible series to understand the Bible and navigate His word.

We will be meeting once a month, during the first Thursday of every month. This series will run through June. Tell a friend and come join us! For more details please contact Rebecca Grant Jenkins @ RGrantJenkins@olqpva.org.

ADVOCATES for JUSTICE

Our Catholic tradition calls us not to turn away but to show up together with courage and love.

In the midst of the disheartening and violent chaos that is sweeping across our country, we are called to observe a *season of faithful witness* in our Commonwealth of Virginia. The Virginia General Assembly is embarking on the third week of the 2026 Session that ends in mid-March. Many people of faith have shown up together in Richmond to advocate for policies and laws that protect the life and dignity of all human persons and respect family and community and our right and duty to participate in society and advocate for the common good of all, especially those who are most vulnerable. As one human family we stand with each other in love and with the courage to speak out.

Civic engagement matters as we build power for justice and peace. We must mobilize people of love into action — action that demonstrates our solidarity with sisters and brothers struggling with challenging issues like affordable housing, lack of health care, worker injustices, a sometimes broken criminal legal system and more.

We know that effective resistance is based in community and that collective power to resist injustices will ultimately succeed in justice for the oppressed and therefore for all of us. This weekend, we remember the witness and work of Mahatma Gandhi assassinated on January 30, 1948. He was an activist for justice and peace and with his community demonstrated the power of nonviolent resistance to overcome injustice significantly and meaningfully.

Can we be and do anything less? Contact your State Senator and State Delegate (*contact information on Virginia General Assembly website — vga.virginia.gov*), join their email list to receive their legislative reports to constituents to ensure you know the policies that prevail in their work. Call or send them messages to communicate your advocacy for justice in their legislation. And continue to pray — an effective tool of nonviolent resistance.

IS GOD CALLING YOU TO BE A LAY DOMINICAN?

You are invited to join the St. Mary Magdalene Lay Dominicans for prayer, fellowship, and discussion on Sunday, February 15, from 5:00–6:45 p.m. in the Parish House of St. James Catholic Church: 913 Park Avenue, Falls Church VA 22046 (use small adjacent parking lot).

Lay Dominicans are single or married members of the Dominican Order who have responded to a call to live the Dominican way of life in their own families and occupations. The Dominican charism is one of prayer, study, community, and apostolate. Of these, study is perhaps the most distinctive element. We are life-long learners, who put that thirst for Truth at the service of our apostolic efforts. For more information, contact Rose Folsom at InquiryVeritas519@gmail.com.

THE 8 A.M. MASS WAKEUP CHOIR is looking for new members. We are a friendly, flexible, and low-key group. Prayerfully consider joining us -- as we assist at Mass through music and in making a joyful noise. We are especially looking for sopranos, but all vocal types (altos, tenors, basses), ages, and abilities are welcome. We will train! Rehearsals are Friday from 5:30 to 6:30pm and call time Sunday morning is 7:30am. Contact Janice Toney at Janice.toney@yahoo.com for more information.

OUR TWINNING RELATIONSHIP WITH ST. JOSEPH OF MEDOR, HAITI

"Gout dlo fè larivyè—drop by drop makes the river," a Haitian proverb, reminds us how God brings about lasting change through faithful, patient love. At times, progress may seem small: one child able to attend school, one tree planted, one family's harvest improved. Yet each of these small acts, offered through your generosity, belief, and steady solidarity with our brothers and sisters of St. Joseph of Medor, has been flowing for years. Together, these drops have formed a strong and life-giving current—one that nurtures hope, builds dignity, and carries God's promise of renewal. Thank you for your continued commitment to walking with our Medor family, person by person and day by day, as living witnesses to Christ's love. Please pray for peace and security in Haiti.

AM I TOO OLD TO SAVE THE PLANET?

Book discussion with the author

The Integrity of Creation ministry invites all parishioners to join us in the Parish Library on Wednesday, Feb 11, at 7:00pm for a discussion of the book "Am I too old to save the planet: A boomer's guide to climate action." Lawrence Macdonald, the book's author, will be joining us to discuss this timely work. All are welcome to join us even if you have not read/finished the book. Email Dan Herrera (herrerawildlife@gmail.com) for more information.

STEPHEN MINISTRY:

COMPASSIONATE LISTENING WORKSHOP

March 8, Fr. Ray Hall, 3:00-5:00pm

When you learn to *listen* and speak from the heart...

As a parent: you increase your child's sense of value and worth
As a spouse: you nurture bonds of love and respect
As an adult: you deepen relationships with friends and family we treasure
In the workplace: you understand how to communicate effectively, even with those we find difficult
In our community groups: we strengthen commitment to peace and advocacy.

Led by Dr. Alvarado, a clinical psychologist (30 years' experience), we will learn the principles of compassionate listening. In dyads and small groups, we will have the opportunity to practice new listening skills. Join other community members in what will be an informative and fun learning experience.

Space is limited; please pre-register: smolqp@gmail.com; Louise Drucker: 703-635-0469

ECO-TIP: Did you know that laundry rinse water releases millions of non-biodegradable microplastics and fibers that eventually end up in our oceans and our food chain? To reduce pollution, do full loads using cold water, shorter cycles, lower spin speeds and air dry clothes when possible. Wash less often, use less detergent, and install washing machine filters or use microfiber-catching laundry balls.

FEBRUARY 2026 BLACK HISTORY MONTH

A CENTURY OF BLACK HISTORY COMMEMORATIONS



Dr. Carter G. Woodson

Dr. Shiela Harmon Martin

Each year in February, in recognition of Black History Month, the OLQP back Bulletin covers feature articles about people and events in Black history. This year, 2026, marks a century of national commemorations of Black history. During the dawning decades of the twentieth century, it was commonly presumed that Black people had little history other than the subjugation of slavery. Today, it's clear that Blacks have significantly impacted the social, political, and economic structures of the United States and the world. Credit for the evolving awareness of the true place of Blacks in history can, in large part, be attributed to one man, Carter G. Woodson, and his brainchild, the Association for the Study of African American Life and History, Inc. (ASALH). Today ASALH is continuing Woodson's tradition of disseminating information about Black life, history, and culture to the global community.

Carter G. Woodson - The Father of Black History

Carter Godwin Woodson was born in New Canton, Virginia to former slaves, Anne Eliza and James Henry Woodson. His family was poor, so he faced significant educational challenges. Despite those obstacles, he was largely self-taught, and worked in coal mines to help support his family. At the age of 20, he enrolled in Douglass High School in Huntington, West Virginia, where he completed his diploma in two years. He went on to earn a bachelor's degree from Berea College in Berea, Kentucky in 1903, followed by a master's degree from the University of Chicago in 1908. In 1912, Woodson became the second African American, after W.E.B. DuBois, to obtain a PhD from Harvard University. He is the first and only person in American history, whose parents were enslaved, ...to achieve this distinction. ^{1/} During the summer of 1915, Woodson attended a national celebration in Chicago, of the fiftieth anniversary of emancipation. Thousands of African Americans travelled from across the country to see exhibits

highlighting the progress made since the ending of slavery. Inspired by the three-week celebration and recognizing the dearth of information on the accomplishments of Blacks, Woodson decided to form an organization to promote the scientific study of Black life and history. On September 9th, in Chicago, Woodson, along with George Cleveland Hall, William D. Hartgrove, Jesse E. Moorland, Alexander L. Jackson, and James E. Stamps formed the Association for the Study of Negro Life and History (ASNLH). ASNLH's purpose was to institutionalize the teaching, study, dissemination, and commemoration of Black history. Under Woodson's pioneering leadership, the Association created research and publication outlets for Black scholars with the establishment of the *Journal of Negro History* (1916) ^{2/} and the *Negro History Bulletin* (1937) ^{3/}. In 1926, Dr. Woodson initiated Negro History Week. It is believed that Woodson selected February because it is the birth month of two great Americans who played a prominent role in shaping Black history-- Abraham Lincoln and Frederick Douglass (whose birthdates are the 12th and 14th, respectively). Year after year, he built Negro History Week into an African American and American cultural institution. He set the themes and provided materials to illustrate the contributions people of African descent had made to history and modern culture. The themes have reflected changes in how people of African descent have viewed themselves, the influence of social movements on racial ideologies, and the aspirations of the Black community. ^{4/} On February 10, 1976, during the United States Bicentennial, President Gerald R. Ford, became the first president to recognize Black History Month. Then in 1986, Congress passed Public Law 99-244 designating February Black History Month. Since then February became the month when Black history is not only in American schools, but also in cultural heritage sites (museums, archives, libraries, parks, etc.), public squares, workplaces, houses of worship, and homes across the land and across the oceans. ^{4/}

Since Woodson's death, ASALH has continued his work, making Negro History Week and Black History Month a more deeply rooted American institution. ASALH views the promotion of Black History Month one of the most important components of advancing Dr. Woodson's legacy. In 1925, when Dr. Woodson planned the inaugural week-long observance of Black history, he could hardly have anticipated the imprint he would leave on the world. From Negro History Week to Black History Month, ASALH has carried forth the tradition, and the observances have become part of American culture and increasingly of the global community. For its 100th theme, the founders of Black History Month urge us to explore the impact and meaning of Black history and life commemorations, in transforming the status of Black peoples in the modern world.

This year, as we commemorate the 250th anniversary of United States' independence, it's important to tell not only an inclusive history, but an accurate one. We have never had more need to examine the role of Black History Month than we do now, as forces weary of democracy seek to use legislative means and book bans to excise Black history from America's schools and public culture. Black history's value is not only its contribution to mainstream historical narratives, but also its resonance in the lives of Black people, and American history.

^{1/} Carter G. Woodson: Winona, WV-New River Gorge National Park & Preserve (U.S. National Park Service). April 17, 2021 (Wikipedia)

^{2/} *Journal of African American History: Association for the Study of African American Life and History, Univ. of Chicago Press*

^{3/} *The Negro History Bulletin* (1937-2001), founded by Carter G. Woodson of [ASALH](#), renamed the *Black History Bulletin* in 2001.

^{4/} Daryl Michael Scott, ASALH Former National President, *The Origins of Black History Month*, ASALH website