

OLQP MISSION STATEMENT

Our Lady Queen of Peace Catholic Church is dedicated to witnessing the teachings of Jesus Christ, especially the Gospel of Saint Matthew, Chapter 25:31-46. Our mission is to nurture the spirit and to encourage the potential of those we serve through liturgical celebration, educational endeavors and social ministries. The parish will continue to identify with its origin as a Black parish. As a multi-ethnic congregation we will seek to promote racial harmony and social justice. While our primary focus is within the immediate community, we will also work to provide for the well-being of the downtrodden everywhere. In this we strive for our parish community to be a caring, sharing, and loving family.

Welcome to OLQP Catholic Church!
¡Bienvenidos a OLQP Iglesia Católica!

Contact / Contacto:

2700 19th St S, Arlington VA 22204
703-979-5580, office@olqpva.org

Office Hours

Horas de oficina

Monday-Friday — 8:30am to 4:30pm
Lunes a viernes — 8:30am a 4:30pm

Website / sitioweb:

www.ourladyqueenofpeace.org

Live Stream Mass Schedule:

Horario de Misas de transmisión en directo:

February 17-18 — 9:30am and 1pm Spanish
17-18 febrero — 9:30am y 1pm en español

MASSES / MISAS:

Weekdays / *Días laborables:*

Mon-Thu 12pm / *lunes a jueves 12pm*

Fri. 6pm / *viernes 6pm*

Weekend Mass Schedule /

Horario de misas de fin de semana:

Saturday Vigil — 5:30pm

Misa de vigilia sábados - 5:30 pm

Sundays — 8:00am, 9:30am, 11:15am,

1:00pm (Spanish) & 6:00pm (Young Adult)

Domingos — 8:00 am, 9:30 am, 11:15 am,

1:00 pm (español) y 6:00 pm (Misa de jóvenes adultos)

DECLARACIÓN DE MISIÓN DE OLQP

La parroquia de la iglesia católica Nuestra Señora Reina de la Paz se dedica a dar testimonio de las enseñanzas de Jesucristo, especialmente el Evangelio de San Mateo, Capítulo 25:21-46. Nuestra misión es nutrir el espíritu y alentar el potencial de aquellos a quienes servimos a través de la celebración litúrgica, labores educativas y ministerios sociales. La parroquia continuará identificándose con su origen como una comunidad afro-americana, pero reflejando una congregación multi-étnica y continuará promoviendo la armonía racial y la justicia social. Si bien es cierto que nuestro enfoque principal es la vecindad comunitaria, continuaremos trabajando para proveer por el bienestar de los más necesitados en general. Es así como nos esforzamos para hacer de nuestra comunidad parroquial una familia que comparte y se preocupa por sus miembros.



OUR LADY QUEEN OF PEACE CHURCH

February 18, 2024

FIRST SUNDAY OF LENT

THE LIGHT IS ON FOR YOU LENTEN RECONCILIATION PROGRAM

The Sacrament of Penance is offered each Wednesday evening during Lent from 6:30 to 8pm.

At the same time, Reconciliation Service or Sung Stations of the Cross will be offered in the church beginning at 7pm.

Sung Stations of the Cross (in English): 7 pm – February 21, March 6 & 20

Bilingual Reconciliation Service: 7 pm – February 28

Family Reconciliation Service: 6:30 pm -- March 13

LA LUZ ESTÁ ENCENDIDA PARA TI PROGRAMA DE RECONCILIACIÓN DE CUARESMA

El Sacramento de la Penitencia se ofrece todos los miércoles por la noche durante la Cuaresma de 6:30 a 8pm (excepto el 27 de marzo).

Al mismo tiempo, se ofrecerá el Servicio de reconciliación o el Vía Crucis cantado en la iglesia empezando a las 7pm.

El Vía Crucis cantado (en inglés): 7 pm — 21 de febrero, 6 y 20 de marzo

Servicio de reconciliación bilingüe: 7 pm — 28 de febrero

Servicio de reconciliación para familias: 6:30 pm — 13 de marzo

Jesus came to Galilee proclaiming the gospel:

“The reign of God is at hand!”

Mark 1:14–15



Jesús se fue a Galilea para predicar el Evangelio de Dios y decía: “Se ha cumplido el tiempo y el Reino de Dios ya está cerca.”

Marcos 1,14-15

THIS WEEKEND'S SECOND COLLECTION:

BLACK AND INDIAN MISSIONS

SEGUNDA COLECTA DE ESTE FIN DE SEMANA:

MISIONES NEGRAS E INDIAS

NUESTRA SEÑORA REINA DE LA PAZ

18 de febrero de 2024

Primer domingo de cuaresma

SACRAMENTAL PREPARATION / PREPARACIÓN SACRAMENTAL

Baptism / Bautizo:

Please email Baptism Coordinator Mary Ann Suhocki,
baptism@olqpva.org.

Por favor mande un correo electrónico a la coordinadora de los bautizos, Mary Ann Suhocki, baptism@olqpva.org.

Marriage Preparation/ Preparación para el matrimonio:

Please contact the parish office at least six months before your wedding date to complete requirements.

Por favor llame a la oficina de la parroquia seis meses antes de su matrimonio para completar todos los requisitos.

Reconciliation / Reconciliación—Confesión:

Fr. Ray Hall Library
Biblioteca Fr. Ray Hall

Sat, 4:45-5:15 pm, Wed, 6:30-8 pm during Lent & by appointment.

Los sábados: 4:45-5:15 pm, Los miércoles: 6:30-8 pm durante la Cuaresma y por cita previa.

SUNDAY COLLECTIONS / COLECTAS DEL DOMINGO

Sunday Collection / Colecta del pasado domingo: \$9,269

Faith Direct (December Average / promedio del mes de diciembre): \$13,496

WORD & EUCHARIST MISSALETTE/ MISAL PALABRA Y EUCARISTÍA

Today's readings can be found on page 170

Las lecturas de hoy se encuentran en la página 171

BULLETIN DEADLINE / PLAZO PARA EL BOLETÍN

Wednesdays 9am — office@olqpva.org

OUR SICK AND HOMEBOUND STRENGTHEN US /

NUESTROS ENFERMOS Y CONFINADOS NOS FORTALECEN

PLEASE PRAY FOR / POR FAVOR OREMOS POR: Suri Barahona, Sheila Betit, Grace Bialecki, Cindy Bianga, Francis Bilgera, Joseph Leopold Bissonnette, Precious Bowens, April Brassard, Dave Brassard, Evie Brown, Lynne Burgh, Brody Carroll, Louise Chambers, Carmen Rosa Claire, Chris Comer, Jeff Cory, Adele Crump, Mary DaLuca, Cheryl Darby, Jim Davis, Adrienne DiCerbo, Patricia "Pat" Dowd, Calista Downey, Tim Felker, Irene Fitzpatrick, Elizabeth (Bunny) Foster, Yvette Francois, Allison Fratus, Anne Fullerton, Iva Futrell, Karen Gammache, Trishann Ganley, Francine Gemmill, Jean Giambalvo, Fred Gladbach, Nancy Gormley, Yolanda Gregorio, Melanie Guitreaux, Joe Harrington, Harris Family, Sally Hays, Linda Hawkins, Clare Hayden, Dee Hickey, Patrick Hynes, Lillian Jay, Pat Johnson, Sharon Jourdan, William Kahl, Ruth Klarman, Carmen Andrea Lara, Patrick Lawrey, John Lawyer, Kathleen Love, Lidia Montero Lopez, Olga MacKenzie, Wil McBride, Stefan McGuigan, Martha Gladys Medina, Maria Magdalena Medrano de Ventura, Eileen Melia, Frances Mierzwa, Arthur Miller, Mary Miller, Yvonne Mockler, Carmen Montijo, Dorothy Moran, Rosemary Morrisey, Luis R. Muñoz, Chelsea Murray, Dorothy Myrtle, Mario Amel Najarro, Julie O'Brien, Peggy O'Brien, Patrick Ogden, Carol Pacello, Roy Paco, Neil Parent, Catherine Parr, Mary Pasquarella, Mark Pazich, Minnie Pazich, Paul Ramirez, Santos Ramirez, Jeanna Reynolds, Jacob and Jaxson Rivera, Maritza Roldan, Marco Cristiaan Rufolo-Roger, Josefina Salgado, Carolyn Santos, Jane Shepard, Mary Shookhoff, Donna Smith, Jeffrey Smith, Mary E. Smith, Lora Smolenski, Eva Souza, Grace Starbird, Nina Stewart, Michael Arthur Sweat, Carmelita and Roy Tucker, Nancy Urquizo, Stephen Utley, Alma Reyes Valentin, Carina Vaquez, Robin Vogel, Robert & Maureen Wallace, Kate Witkowski, Lauren Wolfe, Mary Woods, Malcolm Young, Claudia Zapata, Kate Zopp.

FIRST SUNDAY OF LENT

PRIMER DOMINGO DE CUARESMA

Genesis 9:8-15 (23B); 1 Peter 3:18-22; Mark 1:12-15
Génesis 9,8-15 (23B); 1 Pedro 3,18-22; Marcos 1,12-15

SECOND SUNDAY OF LENT

SEGUNDO DOMINGO DE CUARESMA

Genesis 22:1-2, 9°, 10-13, 15-18 (26B); Romans 8:31b-34; Mark 9:2-10
Génesis 2,1-2, 9°, 10-13, 15-18 (26B); Romanos 8:31b-34;
Marcos 9:2-10

MASS INTENTIONS, FEBRUARY 10-16

FIRST SUNDAY OF LENT

INTENCIONES DE LAS MISAS, 10-16 FEBRERO

PRIMER DOMINGO DE CUARESMA

Saturday, February 17th

5:30 pm Toyo Bernabe (Birthday) (D) by Thelma Molina & family

Sunday, February 18th

8:00 am Laurence Spreckley (D) by Vonnique Dowling

9:30 am Tom Donahue (D) by Nancy Donahue

11:15 am Brian Callaghan (D) by John & Shari Zamarra

1:00 pm Elmer Torres (D) by wife and children

6:00 pm Gertrude Amos & Mary Kelly (D) by Patricia Amos

Monday, February 19th

12:00 pm Carlos Pimentel (D) by Ann Johnson

Tuesday, February 20th

12:00 pm María Reyes Zarate (D) by Jazmin Albarran

Wednesday, February 21st

12:00 pm for the parish

Thursday, February 22nd

12:00 pm Javier Fernández Castillo (D) by David Dobrowolski

Friday, February 23rd

6:00 pm Fletcher Fogle (D) by Mary Eileen Dixon

SACRAMENTAL LIFE OF THE PARISH /

VIDA SACRAMENTAL DE LA PARROQUIA

This weekend we welcome three new Christians. Este fin de semana le damos la bienvenida a tres nuevos cristianos.

Sara Lizbeth Muñoz Guardado,

George Alessandro Donato Muñoz

& Charles Nicholas Donato Muñoz

Baptized February 17 / Bautizados el 17 de febrero

OLQP PARISH STAFF / PERSONAL DE LA PARROQUIA

Pastor / Párroco: **Fr. Tim Hickey, CSSp,** thickey@olqpva.org

Parochial Vicar / Párroco Asociado: **Fr. Martin Vu, CSSp,**

mvu@olqpva.org

Ministerio Latino: **Fr. Joseph Nangle, OFM,**

j.nangleofm@yahoo.com

Deacon / Diácono: **Dcn. Tony Remedios,** tremedios@olqpva.org

Parish Office / Oficina parroquial

Business Manager / Gerente de Negocios: **Christina Kozyn,**

ckozy@olqpva.org

Social Justice & Outreach Minister / Ministro de Justicia Social y

Acercamiento (bilingüe): **Sally Díaz-Wells,** sdiazwells@olqpva.org

Youth & Young Adult Minister / Ministro de Adolescentes y Jóvenes Adultos:

Rebecca Grant Jenkins, rgrantjenkins@olqpva.org

Faith Formation Director / Director de Formación de Fe (bilingüe):

Cecilia López Oetgen, clopez@olqpva.org

A Consistent Ethic of Life Catholic Community

JUST A THOUGHT...OR TWO...

In this Sunday's Gospel, we hear of Jesus' 40 days in the desert where he was tempted by the devil to choose worldly power and fame over his mission of compassion and forgiveness, and the announcement of the "in breaking" of the Reign of God.

As we begin Lent it is appropriate for us to reflect a bit on our own lives, our own desert experiences and our own temptations. All of us as humans are tempted by pride, arrogance, selfishness, anger and greed. *The real question is not if we have those temptations*, but whether or not we give in to those temptations and live out of those darker places.

For some, who give in, they are led to disgraceful acts of greed and ego with catastrophic results. All we need do is to read the headlines in the newspapers or listen to the nightly news. We know who they are and are able to judge their heinous acts: choosing profit over the lives of innocent children, choosing furthering their career over making ethical and moral decisions effecting the lives of thousands or even millions of human lives, or manufacturing weapons of mass destruction solely for profit with total disregard for the loss of human life.

But for most of us, our pride and greed are somewhat more contained -- a white lie here and there, perhaps a small theft once in a while or a few carefully chosen harsh words meant to wound. Most of us are basically good people trying to live as God has called us to live. In the recesses of our hearts, we know we've been tempted. We've stood on the precipice of surrendering to our baser desires...enticed by money, recognition, or power to take advantage of situations or people, neglect of our responsibilities, or treat ourselves or others with disregard and disrespect.

But take heart. The slippery slope toward sin does not a sinner make. St Paul in his letter to the Romans tells us that the "lie of sin" is that we think we can't recover...that our sin makes us irredeemable...unloved and unlovable. Nothing is further from the truth!

We are assured over and over in the Gospels and the Psalms that nothing, no sin, can keep us from the love and forgiveness of God. God puts our sins as far away from us as the East is from the West! Lent is an opportunity to walk into the darker corners of our heart and face our shortcomings and open ourselves to the Light of Christ...to allow Christ to transform us into the people that God dreams us to be. But how do we do that individually, as a community and as a nation? How do we deal with our national sin of systemic racism and bigotry, as well as the sins of misogyny, the rejection of the immigrant, the refugee, sins against the LGBTQ community, the poor, the mentally ill, the handicapped, the rejection of the one who is "other" than me?

Lent can be a time to look not only at our personal sin but at our nation's "structural sin"! Lent can be a time to begin again. Let us not allow the sins of our past and present to darken our future by thinking that all is lost! Instead let this Lent be a season of newness...a season of beginning again. What can I/we do to let the light of Christ illumine the darker corners of our hearts and of our nation's soul? What feelings or actions do I/we need to let go of to begin again, living a more Christ centered life that can lead us to take on the structural sins of our country? What can I do this Lenten season to build up the Reign of God by working for racial justice and equality for all peoples.

Lenten blessings, Fr. Tim

2024 BISHOP'S LENTEN APPEAL (BLA) BEHOLD, I MAKE ALL THINGS NEW

This weekend each household is asked to make a BLA pledge or gift. This appeal provides an opportunity to unite as a Catholic family to support programs, ministries and services helping tens of thousands of people. After reflecting upon God's blessings to you, please consider a pledge to the BLA. Each donation is vital to the success of the appeal and the important work that it funds. You may complete a pledge card at Mass, mail in your pledge, go online to www.arlingtondiocese.org/BLA or scan the QR code



SCAN ME

LA PETICIÓN CUARESMA DEL OBISPO DE 2024 HE AQUÍ QUE YO HARÉ NUEVAS TODAS LAS COSAS

Este fin de semana se pide a cada familia que haga una promesa de contribución o una donación a la Petición Cuaresmal del Obispo. Esta Petición nos ofrece la oportunidad de unirnos como familia católica para apoyar los programas, ministerios y servicios de ayuda a decenas de miles de personas. Después de reflexionar sobre las bendiciones que Dios les ha dado, piensen en la posibilidad de hacer una promesa de contribución a la Petición Cuaresmal del Obispo. Para hacer una ofrenda pueden llenar la tarjeta correspondiente durante la Misa, enviarla por correo postal, hacer la ofrenda en línea en www.arlingtondiocese.org/BLA o escanear el código QR que aparece a continuación:



ESCANÉAME

CONFIRMATION CLASS and PRISM TEEN NIGHT are cancelled for this Sunday. Enjoy the long weekend.

SAVE THE DATE:

Confirmation Lasagna Dinner, March 16th

Dinner will include salad, lasagna, rolls, and dessert. Proceeds will go towards school supplies and water treatment buckets for our sister parish community at St. Joseph's in Medor, Haiti. We're also looking for Lasagna dinner variety show entertainment. Please contact Rebecca, Youth Ministry Director if interested in performing: rgrantjenkins@olqpva.org.

LA CLASE DE CONFIRMACIÓN y LA NOCHE DE ADOLESCENTES PRISM se han cancelado para este domingo. Disfruten el fin de semana largo.

RESERVE LA FECHA:

Cena de Confirmación de lasaña el 16 de marzo

La cena va a incluir ensalada, lasaña, panecillos y postre. Lo que se recaude se usará para comprar materiales escolares y cubos para el tratamiento de agua para nuestra parroquia hermana en St. Joseph en Medor, Haití. También estamos buscando espectáculos de variedades para la comida. Por favor contacte a Rebecca, Directora del Ministerio de adolescentes si está interesada/o en participar. rgrantjenkins@olqpva.org

NEWS FROM MEDOR:

Today's gospel describes Jesus fasting in the desert. He was hungry! Please recall that hunger is an issue for many people in our sister parish, where food insecurity has been an issue for years. Now violent gangs are preventing the transport of food for the parish's school lunch program, magnifying the problem. Medor's 3,200 school children depend on a daily school lunch; it is the main source of nourishment for many students. We had thought that the lunches were a motivating factor in school attendance. But Medor's students continue coming to class even without the meals. Their motivation to learn sets an example for us all. During this Lenten season, please pray for peace and security in Haiti. Please pray that every member of our Medor family has enough to eat.

NOTICIAS DE MEDOR:

El evangelio de hoy dice que Jesús ayunaba en el desierto. ¡Tenía hambre! Por favor recuerden que el hambre es un problema para muchas personas en nuestra parroquia hermana, donde la inseguridad alimentaria ha sido un problema por años. Ahora pandillas violentas impiden el transporte de comida para el programa de almuerzos a la escuela de la parroquia y esto empeora el problema. Los 3,200 estudiantes en Medor dependen de un almuerzo diario porque es la fuente principal de nutrición para muchos estudiantes. Habíamos pensado que los almuerzos eran una motivación para asistir a la escuela sin embargo, los estudiantes continúan asistiendo a clases incluso sin los almuerzos. Su motivación por aprender nos da un ejemplo a todos nosotros. Durante esta Cuaresma, por favor rece por la paz y la seguridad en Haití. Por favor rece para que cada miembro de nuestra familia de Medor tenga lo suficiente para comer.

INCLEMENT WEATHER POLICY

Evening and weekend activities (except scheduled Masses): OLQP follows the decision of Arlington Public Schools for cancellation of evening and weekend activities. Those traveling outside the local school district should use their best judgment. For the most up-to-date information for Arlington Public Schools, please call 1-866-322-4277 or visit [School Status Alerts - Arlington Public Schools \(apsva.us\)](http://School Status Alerts - Arlington Public Schools (apsva.us))

Parish Office Staff and Weekday Activities, 8:30am-4:30pm: Office and weekday activities follow the decision of the Federal Government. Tune in to your local radio and tv stations for updated information or visit www.opm.gov/policy-data-oversight/snow-dismissal-procedures/

Scheduled Masses: The decision to cancel Masses within the Diocese of Arlington is made by Bishop Burbidge and broadcast on local radio and tv stations.

To the extent it is possible, notice will be placed on the parish website www.ourladyqueenofpeace.org and parish calendar <http://calendar.olqpva.org/>. Use your best judgment when traveling outside the immediate area.

NORMAS ANTE LA INCLEMENCIA DEL CLIMA

Las actividades nocturnas y de fin de semana (con excepción de las Misas programadas): OLQP sigue la decisión de las escuelas públicas de Arlington para la cancelación de actividades nocturnas y de fin de semana. Las personas que no están en el distrito del sistema escolar local deben usar su discreción. Para obtener la información más actualizada sobre las escuelas públicas de Arlington, por favor llame al 1-866-322-4277 o visite [School Status Alerts - Arlington Public Schools \(apsva.us\)](http://School Status Alerts - Arlington Public Schools (apsva.us))

Personal de la Oficina Parroquial y actividades durante la semana, 8:30am a 4:30pm: La Oficina y las actividades durante la semana siguen la decisión del gobierno federal. Sintone las emisoras de radio y televisión locales para obtener información actualizada o visite www.opm.gov/policy-data-oversight/snow-dismissal-procedures/

Misas programadas: La decisión de cancelar las Misas en la Diócesis de Arlington es del obispo Burbidge y se transmite por las estaciones de radio y televisión locales. *En la medida que sea posible, el aviso se pondrá en el sitio web de la parroquia www.ourladyqueenofpeace.org y en el calendario de la parroquia <http://calendar.olqpva.org/>. Por favor use su discreción cuando viaja afuera del área inmediata.*

HOLY HOUR

SONG – SILENCE – SCRIPTURE

Please join us in the church for Holy Hour on the fourth Thursday of the month at 7pm. We will gather this month on the 22nd. We will meditate on Scripture readings, (in Spanish and English), sing Taizé style songs and sit quietly in prayer in the presence of the Blessed Sacrament. A wonderful opportunity to slow down and sit with God in the midst of our busy lives.

SUNG STATIONS OF THE CROSS

Come refresh your soul during Lent with the Sung Stations of the Cross. In the musical style of Taize, these unique stations invite you to pray along with thoughtful reflections on the Via Crucis and join in a meditative refrain. The Sung Stations will be offered on three Wednesdays -- Feb. 21, March 6, and March 20 -- at 7 pm in the church and live streamed at [YouTube](#) and [FaceBook page](#). Reconciliation will be offered from 6:30-8 pm. For more information, contact Monica Perz-Waddington at monica.perz@verizon.net. Here's a link to an article that was written in 2018: https://www.catholicherald.com/news/arts/sung_stations_of_the_cross_at_our_lady_queen_of_pace/

LENTEN RICE BOWL JOURNEY

Lent is here. Once again, OLQP joins more than 12,000 Catholic communities across the country in the Rice Bowl journey. During the 40 days of Lent, we will reflect on global hunger and act to assist our vulnerable brothers and sisters. We will meet people in Uganda, El Salvador and Indonesia – part of our one family in Christ. Please plan to have a Rice Bowl on your table; bowls are available at the back of church.

COMMITMENT TO SERVICE

Jesus rose from supper and took off his outer garments...Then he poured water into a basin and began to wash the disciples' feet and dry them with the towel from around his waist....Then he said to them, "Do you realize what I have done for you? I have given you a model to follow, so that as I have done for you, you should also do." -- John 13

During the upcoming season of Lent, commit to following Jesus' example of service. Please take a purple Commitment to Service card from the back of church and reflect on how you plan to serve. Keep your card in a place where you will be reminded daily and then bring it back on Holy Thursday (March 28) as your offertory gift.

HORA SANTA

CANCIÓN – SILENCIO – ESCRITURAS

Por favor únase a nosotros en la iglesia para una Hora Santa el cuarto jueves del mes a las 7pm. Este mes nos reuniremos el 22. Meditaremos las lecturas de las Escrituras, (en español e inglés), cantaremos canciones al estilo Taizé y nos sentaremos en silencio en oración en presencia del Santísimo Sacramento. Esta es una oportunidad maravillosa para tranquilizarnos y pasar unos momentos con Dios en medio de nuestras vidas ajetreadas.

VÍA CRUCIS CANTADO

Venga a refrescar su alma durante la Cuaresma con el Vía Crucis cantado. En estilo musical de Taize, este Vía Crucis le invita a orar el Vía Crucis con reflexiones profundas y un estribillo meditativo. El Vía Crucis cantado se va a ofrecer tres miércoles – 21 de febrero, 6 de marzo y 20 de marzo – a las 7 pm en la iglesia y en transmisión en directo en [YouTube](#) y [FaceBook page](#). Se va a ofrecer la Reconciliación de 6:30 a 8 pm. Para obtener más información, contacte a Monica Perz-Waddington – monica.perz@verizon.net.

JORNADA DE CUARESMA PLATOS DE ARROZ

La Cuaresma se acerca. Otra vez, OLQP se une a más de 12,000 comunidades católicas por todo el país en la jornada del Plato de arroz. Durante los 40 días de Cuaresma, reflexionaremos sobre el hambre global y actuaremos para ayudar a nuestras hermanas y hermanos vulnerables. Conoceremos a personas en Uganda, El Salvador e Indonesia – parte de nuestra familia en Cristo. Por favor planea tener un Plato de arroz en su mesa. Los tendremos disponibles empezando con el Miércoles de ceniza.

COMPROMISO AL SERVICIO

Jesús se levantó mientras cenaba, se quitó el manto...echó agua en un recipiente. Luego se puso a lavarles los pies a sus discípulos y se los secaba con la toalla. ...y dijo '¿Entienden lo que he hecho con ustedes? Les he dado un ejemplo, para que hagan lo mismo que yo hice con ustedes'". – Juan 13

Durante la temporada de Cuaresma, comprométase a seguir el ejemplo de servicio de Jesús. Por favor lleve una de las tarjetas moradas de Compromiso al servicio que están en la parte trasera de la iglesia y reflexione sobre como planea servir. Ponga su tarjeta en un lugar que sea un recordatorio diario y entonces tráigala el Jueves santo (28 de marzo) como su ofrenda del ofertorio.

MATTHEW 25 REQUEST: Please review your outerwear and donate any gently used or new items, especially jackets. We accept donations Saturday through Thursday from 9am-12noon – No Donations on Fridays, please. Thank you.

Programs that are open to the entire community, but offered in English only.

Programas que le dan la bienvenida a toda la comunidad, pero que solo se ofrecen en inglés.

STONE SOUP SUPPER SERIES — The annual series will continue Friday, February 23, with 6 p.m. daily mass followed by a modest meal with a speaker beginning promptly at 7 p.m. Our speaker will be Rev. Ed Bresnahan of Nativity Catholic Church, Burke. He will talk about almsgiving. If you need a refresher or just want to hear a different take on what Lent has to offer, come join us for a wonderful evening. We will have the series this year in Father Ray Hall.



LENTEN CHALLENGE:

Eat Less Meat

Why I Stopped Eating Meat

As a child of the 70s, I ate typical meat-centered meals. In college and early in my career, I met vegetarians and learned about the dark side of how our meat is produced in factory farms. Since I have a deep respect for all of God's creation, I was sickened by the inhumane treatment of cows, pigs and chickens. Factory farms are a far cry from the Old McDonald's Farm we sang about in school.

My fiancée, Kimber, concerned about his family history of heart disease, was also interested in eating healthier, especially eating less meat. Together, we began the journey to cutting meat from our diet completely. For the last 30 years, we've enjoyed a meat-free diet. We still eat eggs, cheese, fish and seafood occasionally, but the vast majority of our meals are plant based, which we love.

Some of our favorite meals are zucchini noodles (zoodles) with mushroom meatballs, ginger-garlic tofu with broccoli stir fry, and spinach and black bean enchiladas. We love our BLTs made with veggie bacon. We enjoy eating out, and almost every restaurant now offers plant-based options.

We are delighted that Pope Francis has spoken forcefully on the urgent need for action on the climate crisis, including consuming less meat. Perhaps this Lent can provide a good opportunity to add more plant-based meals to your diet. You may find, as we have, that they can become some of your favorites, and contribute to a healthier world as well.

Brenda Craine, Integrity of Creation Team

PETICIÓN DE MATEO 25: por favor revisen sus abrigos y chaquetas y donen los artículos de poco uso o nuevos, especialmente chaquetas. Aceptamos donaciones de sábado a jueves de 9am a 12 del mediodía. Por favor, no traigan donaciones los viernes. Gracias.

BLACK HISTORY MONTH IN FILM (BHMIF) — The Social Justice and Ujamaa Committees are sponsoring a film series. The third movie is on Saturday, February 24, at 2:15 p.m. in the Ministry Centers Founders' Room. This year's theme is Celebrating Black Artistry. We will be watching the movie Summer of Soul. This will **NOT** be a hybrid viewing; in-person only. For information, contact Sally Diaz-Wells at sdiazwells@olqpva.org

LIVE JESUS! 2024

"Bloom where you are planted," this year's theme for Live Jesus – how Salesian wisdom grounds us to live well where we are! Register at oblates.org for Saturday, March 9, 8am-12:45pm at Bishop Ireton High School. Speakers: Fr. Kevin Nadolski, OSFS, Fr. Matt Hillyard, OSFS and Kathleen McNutt. A morning of reflection with continental breakfast, speakers, fellowship and prayer.



ADVOCATES FOR JUSTICE: In the Virginia General Assembly, the "crossover" of legislation is now complete. The frenzy is underway as Members in the State Senate consider the bills that were passed in the House of Delegates — and the bills passed earlier in the Senate are now under consideration in the House. Advocates note that the biennial budget is quickly becoming the focus of the Members' work in Richmond. A balanced budget must be adopted before the end of the fiscal year, no later than June 30. The Virginia Public Access Project (VPAP) is one source of data and information (VPAP.org). ***Let us pray that our elected Members will work together harmoniously to find common ground and pass laws that will benefit the common good for all Virginians.***

LAMENT OF RACIAL JUSTICE

Pause and praise in OLQP Minkisi's annual "Lament of Racial Justice," a virtual gospel music prayer service using the Stations of the Cross icons from our church walls, Monday, March 4, 6:45-9:00 pm. Questions to Cecilia Braveboy, jisaac3@verizon.net and tech, Julia Rocchi, rocchijulia@gmail.com. See details in the required Eventbrite registration by Fri., March 1:

<https://bit.ly/Minkisi04March2024>

Lent calls us to social conversion

by **Joseph Nangle, OFM**

Pax Christi USA 2023

Teacher of Peace

This kind [of demon] can only come out through prayer and fasting.

Mark 9:29

The Season of Lent this year raises two considerations: The story of Jonah in the Hebrew Scriptures and the virtue of solidarity in Catholic Social Teaching.

Jonah is the disobedient prophet who tried to escape the Lord's command to confront the wicked city of Nineveh by sailing off to Tarshish in a boat. A storm nearly wrecked the boat, Jonah was thrown overboard, and wound up inside the whale. He finally accepted his prophetic calling and the rest is the well-known conversion story of Nineveh.

For too long the popular catechesis around this penitential season has been confined to individual conversion. "Giving up something for Lent." (We forego sweets thinking they are not good for us anyway and but might help us lose weight.) This has been seen as what Lent means; no wider context. Fortunately, in recent years, particularly after Vatican II, our approach to Lent has expanded somewhat to include "prayer and almsgiving."

However, Lent still appears as a personal religious opportunity. There seems to be nothing of a much broader reason for observing these six weeks except as preparation for their dramatic final days – the Triduum of Holy Thursday, Good Friday and the Easter Vigil. And to be honest, isn't it often the case that somewhere along this six-week slog, we tend to let up on

the disciplines of the season? We need a more vigorous rationale for them.

The evils which Jonah confronted in Nineveh are described as "social evils" and listed in detail throughout the second chapter of the book of Jonah. They have a direct bearing on these Lenten weeks.

Without taking the Noah analogy too far, can it not be said that the United States has enormous social sins to answer for and that we need prophets to speak in God's name to this modern Nineveh? Therefore, Lent 2024.

In this light, Jonah's call presents a much broader Lenten challenge. It consists in an ongoing understanding that we are called to be the prophets of today in the "city" of the United States. We speak to our society through countercultural Lenten observances like spending quiet time in prayer and reflection. We connect acts of self-denial to the horrific realities of human degradation, too often aided by our country's sense of exceptionalism and entitlement. We examine our national lifestyles in the light of major impoverishment worldwide. We join organized efforts to call out these national sins. This understanding of Lent gives it total meaning.

The second consideration as Lent begins is solidarity. Read the following paragraphs in the context of the season of Lent about to begin.

Insistence on the common good has been the hallmark of Catholic Social Teaching since this "new grace" in our Church's thinking appeared in 1891. Nearer to our own times St. Pope John Paul II issued a social encyclical on this subject, *Sollicitudo rei Socialis* (On Social Concerns) in December 1987. It

has been called "the solidarity encyclical." In it he affirms that "[s]olidarity is undoubtedly a Christian virtue." (#40) The pope goes on to say that solidarity "is not a feeling of vague compassion or shallow distress at the misfortunes of so many people both near and far. On the contrary, it is a firm and persevering determination to commit oneself to the common good..." (#38)

Pope Francis has placed the virtue of solidarity in the context of the COVID pandemic. "It has highlighted our interdependence; we are all linked to each other for better or worse." He goes on to say: "[T]his interdependence does not always transform into solidarity... Solidarity is rooted in the truth that God created all human beings and created the earth as well... it treats both with respect but acts to help when one is in peril."

Attention to the virtue of solidarity is self-evident as a Jonah-like Lenten practice. We do not have to look far to see whom Pope Francis is referring to as objects of this practice: All of our fellow human beings whether near or far, especially suffering populations and those places where the United States is the aggressor or the enabler.

Joe Nangle OFM is a Pax Christi USA Ambassador of Peace and the 2023 Pax Christi USA Teacher of Peace. As a member of the Assisi Community in Washington, D.C., he is dedicated to simple living and social change. Joe also serves as the Pastoral Associate for the Latino community at Our Lady Queen of Peace, Arlington, Virginia.

Paxchristiusa.org

February 10, 2023



Black History Month 2024

African Americans and the Arts

Zydeco or Creole Music Laissez Les Bons Temps Rouler (Let the Good Times Roll)

Shiela Harmon-Martin



African American culture has influenced every genre of music in the United States. From slaves songs, gospel, ragtime, jazz, rhythm and blues, to hip-hop, these musical forms had a wide-ranging influence on the development of American music and music around the world. This article introduces another, lesser known to many Americans, music genre born from America's Black roots - Zydeco or Creole Music. Unlike Jazz, New Orleans was not Zydeco's birth place, it was born in Southwest Louisiana, known as Acadiana, an area spanning from Lafayette west to the border of Texas. Though not as popular as Jazz, it has a rich cultural history that is claiming its niche nationally and internationally.

Zydeco music blends blues, rhythm and blues, gospel and music indigenous to the Creoles and the Native American people of Louisiana. Although it is distinct in origin from the Cajun music of Louisiana, the two influenced each other. Like any musical form, Creole music has evolved over the years and undergone various name changes. The word, "Zydeco" can refer to the musical genre, the dance style, or a social gathering at which the music is played. ^{1/} Louisiana Creoles are descendants of Africans and Caribbean slaves, Native Americans and various White populations (French, Irish, Spanish & Germans). Who is Creole? ...an excellent resource is referenced under this footnote. ^{2/}

Zydeco's rural beginnings and the prevailing economic conditions at its inception are reflected in the song titles, lyrics, and bluesy vocals. The music arose as a synthesis of traditional Creole music, some Cajun influences, and African American traditions,.... It was also often just called French music or *le musique Creole* known as "La-La." Amédée Ardoin, the best known Creole musician and accomplished accordionist, made his first recording of Creole music of southwest Louisiana in 1929. This music was the foundation for what became known as Zydeco. Originally performed at house

dances in the community, it eventually expanded into the Catholic Church community centers, as Creoles were mostly Catholic, and to rural dance halls and nightclubs. ^{3/}

During and following [World War II](#) and with the [Great Migration](#), many Louisiana Créoles left a poor and prejudiced state for better economic opportunities in Texas and California bringing with them their musical traditions. In the 1940s, Clifton Chenier (1925-1987)....adapted the old style of music, ...and became the unofficial, but virtually undisputed, "King of Zydeco." Chenier helped popularize and market Creole music,, and along the way "Zydeco" became the music's identity. ^{4/}

Zydeco has always been an intergenerational musical genre enjoyed by the entire family. Most Creole and Zydeco artists grew up with the music. At early ages, they were taught to play the Zydeco instruments...even today at community centers, children can be seen on festival stages dancing with parents, grandparents, and siblings. I have fond memories of dancing the Zydeco with my maternal grandmother at the "Catholic Hall" when I was a teenager.

In recent decades, rap, hip-hop, and reggae have influenced young Zydeco musicians.... They feel that infusing hip-hop ... keeps the tradition alive, while connecting with younger audiences. ^{5/} Festival stages from Louisiana, Texas, California, and wherever large groups of Louisianians have migrated, provide Creole musicians with the opportunity to share their music Lafayette's Festival International de Louisiane (April) and Festivals Acadiens et Creoles (October) are two major events that attract hundreds of thousands of visitors annually, from all over the world. ^{5/}

Keeping the Creole tradition alive is critical, not only to its musical heritage, but also to the culture. It is a way of respecting those who have gone before, while giving the next generation something to be proud of.

I invite you to Explore Southwest Louisiana, enjoy Creole culture, food, and music, create new memories, and **Laissez Les Bons Temps Rouler !!!!**



Roberta Flack

This week's **Local Talent Spotlight** is on internationally known singer, song writer and musician, Roberta Flack, who performed in several genres—R&B, Pop, Jazz and Gospel. Born in Ashville, North Carolina, on February 10, 1937, Roberta and family moved to Arlington when she was a young child, and already recognized as a child musical prodigy. ^{6/} When the family attended church at Lomax African Methodist Episcopal Zion Church on So. 24th Road, young Roberta accompanied the choir on piano, playing gospel and spirituals. ^{7/}

She attended high school at Hoffman Boston High on Johnson Hill (then segregated). Gifted, she graduated at 15, and was granted a full music scholarship to Howard University, the youngest student to be admitted at that time. When she graduated at 19, she taught music, including classical piano at local schools, and eventually began to perform around town, was discovered, began to record, and the rest is history. ^{6/} Her reputation grew, when Clint Eastwood chose her song, "The First Time Ever I Saw Your Face" for his movie, *Play Misty for Me*. ^{7/} Roberta has performed nationally and internationally with some of the biggest stars in music-- Donnie Hathaway, Aretha Franklin, and many more. She has sold millions of records, and won nearly every popular musical award. A discography of her music can be found at this site. ^{8/}

Roberta came back to Arlington occasionally to visit her church in Green Valley, and relive childhood memories. At 87, she is retired and ailing. Her beautiful, haunting voice was a gift to the world, and we pray for her comfort and healing.

^{1/} Barry J. Ancelet, "Cajun and Zydeco Music Traditions," [Musical Roots of the South, 1991](#);

^{2/} Elista Istre, [Creoles of South Louisiana: Three Centuries Strong](#), University of Louisiana at Lafayette Press, 2018.

^{3/} [Zydeco, Wikipedia](#)

^{4/} Istre, pp. 175-176.

^{5/} Istre, pp. 190-191.

^{6/} <https://www.pbs.org/wnet/americanmasters/roberta-flack-biography-and-career-timeline/25437/>

^{7/} https://en.wikipedia.org/wiki/Roberta_Flack

^{8/} https://en.wikipedia.org/wiki/Roberta_Flack_discography