



OUR LADY  
**QUEEN OF PEACE**  
 CATHOLIC CHURCH  
 www.olqpva.org

### *Discipleship in Action...*

**I pledge to put my discipleship into action by sharing my time & talent!**

*When was the last time I talked to God about how I share  
 my time and talent with others,  
 especially the poor and the marginalized?*

## **Discipleship in Action 2019**

### **HELP US BUILD A RESOURCE BANK**

**CIRCLE YOUR AREA OF INTEREST...e.g.:** hospitality -- office help -- newsletter design

- I'm caring  
Teacher, Caregiver, Mentor, Storyteller, Coach
- I'm bilingual  
Spanish Written Translation; Spanish Verbal Translation;  
French Written Translation
- I'm crafty  
Sewing, Bulletin board design, Banner design, Woodwork
- I'm a tech geek  
Newsletter design, Website design, Social Media, Audio Visual Media
- I like working with teenagers  
Hanging out, Retreat/Event Planning, Service Projects,  
Intergenerational Events
- I'm an organizer  
Event Helper, Space Use Organizer
- I'm an office resource (training provided)  
Data Entry, Copying, Scanning, Phone Support, Filing,  
Organizing, Archiving
- I'm artsy  
Photography, Videographer, Musician, Vocalist
- I like to cook; I like to host parties/receptions  
Hospitality, Baking, Cooking, Food Shopping
- I'm a helper:  
Setup, Cleanup, Serving, Whatever's needed
- I have access to:   \_\_Truck       \_\_Sewing Machine
- I also have this talent or professional expertise to share:  
e.g., over night guest space for out-of-town visitors

### **RESOURCE BANK**

We want to keep our "resource bank" current so let us know you are interested, or *still* interested if you've indicated your interest before. The resource bank helps us better serve the parish and the local community because we can then match our needs with volunteers who have a specific skill set or a particular expertise, like the volunteers we knew to call on to help with hospitality at the Faith Formation Kickoff Picnic a couple weeks ago -- what a huge help that was !

Remember, your help may only be needed a few times a year, or possibly not at all. But, when we have a need, it's invaluable!

Feel free to add a talent if it's not listed here -- we're looking for a broad range of skills and professional expertise such as mentoring, gardening, computer systems expert, etc.

Fulfill your commitment to be a disciple in action by giving some time to OLQP.

*Check all that apply:*

- Heavy Lifter**
- Can provide a Ride to Mass**
- Ride to Doctor**
- Can Volunteer in a Pinch**

**Name** \_\_\_\_\_

**Phone** \_\_\_\_\_

**E-mail** \_\_\_\_\_

**See reverse side to commit/re-commit to serving with one of the parish's ministries or groups!**

# Discipleship in Action... Commitment to serve my faith community, OLQP!

✓ Use this card, together with the "Ministry Engagement Handbook", to indicate your interest:



New Interest =  Reccommit =

## OLQP DISCIPLESHIP IN ACTION 2019

= NEW Interest     = RECOMMIT to same ministry/group

### Office Support & Communication

- The Advocate Newsletter
- Office Volunteers

### Liturgical Ministries

- Altar Servers
- Art & Environment Committee
- Extraordinary Ministers of the Eucharist
- Funeral Mass Ministry, Liturgy Planning Team
- Lector Ministry
- Mass Coordinators
- Ushers/Greeters
- Worship Committee

### Music Ministry

- 5:30 PM Saturday Vigil Mass Choir
- 8 AM Sunday Morning Choir
- 9:30 AM Gospel Choir
- 11:15 AM Contemporary Music Choir
- 1 PM Vibrant Hispanic Liturgical Choir
- 6 PM Young Adult Choir
- Homegoing Choir

### Sacraments and Children's Faith Formation

- Baptism Preparation
- First Communion and First Reconciliation
- Confirmation
- Marriage Preparation
- Rite of Christian Initiation for Adults (RCIA)
- Reconciliation
- Faith Formation for Children & Families
- Family Circle Program
  - Option 1 - "Neighborhood Circles"
  - Option 2 - "Home-Based Circles"
- First Communion & Reconciliation Program
- Confirmation Program
- Faith Formation Grade Level Goals
- Catholic Foundations Program
- Children's Liturgy of the Word (CLW)
- Family Mass

### Youth & Young Adult Programs

- Youth Ministry
- Teen Night Program
- Social Gatherings, Youth Retreats, Mission Trips & Theater Ministry
- Young Adult Ministry
- Young Adult Retreats and Social Gatherings

### Adult Faith Groups

- Bible Study - Share the Word
- Christian Meditation Groups
- Men's Spirituality Group
- Grupo de Oracion en español, "Mateo 25"
- Minkisi Ministry
- JustFAITH

- Women's Bible Study

### Adult Faith Formation

- Catholic Foundations Class, Adults
- Ed Talks & Stone Soup Suppers
- Good News People Program
- Intergenerational Activities
- OLQP Library
- Theology on Tap

### Social Justice and Outreach Ministry

- Justice, Peace and Integrity of Creation Advocacy
- JPIC Advocacy Teams
- Consistent Ethic of Life Team
- Food Security Team
- Gun Violence Prevention Team
- Immigration / Refugee Team
- Integrity of Creation Team
- Labor & Income Inequality Team
- Respect Life Ministry
- Justice & Outreach Opportunities
- Brown Bag Lunches
- Building Forever Families
- Carpenter's Shelter Supper
- Capital Area Mobile Food Distribution
- Gabriel Project
- OLQP Days for Girls Group
- Just\$ Grocery Cards
- Isidore's Garden
- Food Pantry
- Haiti Ministry
- Matthew 25 Bazaar Thrift Store
- OLQP Knitters
- Orphaned and Vulnerable Children in Africa
- Senior Series
- UJAMAA Committee
- VOICE

### Annual Events and Programs

- Shoebox Weekend for the Homeless
- Thanksgiving Food Baskets

### Pastoral Care & Hospitality

- Pastoral Care Visitation Ministry
- Hispanic Issues Committee (en español)
- Hospitality Ministry
- Funeral Reception Ministry
- Gay, Lesbian, Friends & Family Ministry (GLFF)
- Picnic Committee
- Senior Ministry
- Spirited Speakers, Toastmasters
- Stephen Ministry
- Sunday Breakfast Ministry
- Welcome Committee

See reverse side to help us build a Resource Bank!

REMEMBER TO RETURN THIS CARD COMMITMENT WEEKEND - November 2-3, 2019 (basket in sanctuary)

COMMITMENT WEEKEND - NOVEMBER 2-3, 2019

CHALLENGE YOURSELF!

NAME: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

Completing this after Commitment Weekend? No problem, just place it in the collection basket or mail it to the parish office:  
OLQP Parish Office, 2700 19th Street South, Arlington VA 22204. Questions?: office@olqpva.org