

OLQP MISSION STATEMENT

Our Lady Queen of Peace Catholic Church is dedicated to witnessing the teachings of Jesus Christ, especially the Gospel of Saint Matthew, Chapter 25:31-46. Our mission is to nurture the spirit and to encourage the potential of those we serve through liturgical celebration, educational endeavors and social ministries. The parish will continue to identify with its origin as a Black parish. As a multi-ethnic congregation we will seek to promote racial harmony and social justice. While our primary focus is within the immediate community, we will also work to provide for the well-being of the down-trodden everywhere. In this we strive for our parish community to be a caring, sharing, and loving family.

Welcome to OLQP Catholic Church!
¡Bienvenidos a OLQP Iglesia Católica!

Contact / Contacto:

2700 19th St S, Arlington VA 22204
703-979-5580, office@olqpva.org

Website / sitioweb: olqpva.org

Masses / Misas:

Weekdays / Días laborables:

Mon-Fri, 12pm / lunes a viernes 12pm

Weekend Mass Schedule /

Horario de misas de fin de semana:

Saturday Vigil — 5:30pm

Misa de vigilia sábados - 5:30 pm

Sundays — 8:00am, 9:30am, 11:15am,

1:00pm (Spanish) & 6:00pm (Young Adult)

Domingos - 8:00 am, 9:30 am, 11:15 am,

1:00 pm (español), y 6:00 pm (Misa de jóvenes adultos)

Misal Palabra y Eucaristía / Word & Eucharist Missalette

Today's readings can be found on page 178 of the Word & Eucharist missalette.

Las lecturas de hoy se encuentran en la página 179 en el misal Palabra y Eucaristía.

DECLARACIÓN DE MISIÓN DE OLQP

La parroquia de la iglesia católica Nuestra Señora Reina de la Paz se dedica a dar testimonio de las enseñanzas de Jesucristo, especialmente el Evangelio de San Mateo, Capítulo 25:21-46. Nuestra misión es nutrir el espíritu y alentar el potencial de aquellos a quienes servimos a través de la celebración litúrgica, labores educativas y ministerios sociales. La parroquia continuará identificándose con su origen como una comunidad afro-americana, pero reflejando una congregación multi-étnica y continuará promoviendo la armonía racial y la justicia social. Si bien es cierto que nuestro enfoque principal es la vecindad comunitaria, continuaremos trabajando para proveer por el bienestar de los más necesitados en general. Es así como nos esforzamos para hacer de nuestra comunidad parroquial una familia que comparte y se preocupa por sus miembros.



OUR LADY QUEEN OF PEACE CHURCH

March 15, 2020

The Third Sunday of Lent

LENTEN RECONCILIATION PROGRAM:

Sung Stations of the Cross: 7 pm – March 18 and April 1

Reconciliation Services: 7 pm – March 25 Family Service (at 6:30 pm and open to all)

PROGRAMA DE RECONCILIACION DE LA CUARESMA:

El Vía Crucis Cantado: 7 pm - 18 de marzo, 27 y 1 de abril

Servicios de reconciliación: 7 pm – 25 de marzo Servicio de la Familia (a las 6:30 pm y abierto a todos)

Whoever drinks the water
I shall give will never thirst.

John 4:14



Todos los que beban del agua que yo
doy no tendrán sed jamás.

Juan 4,14

NEXT WEEKEND'S 2ND COLLECTION:

CATHOLIC RELIEF SERVICES

SEGUNDA COLECTA EL PRÓXIMO FIN DE SEMANA:

CATHOLIC RELIEF SERVICES

(SERVICIOS DE ASISTENCIA CATÓLICOS)

NUESTRA SEÑORA REINA DE LA PAZ

15 de marzo 2020

El tercer domingo de Cuaresma

***We are pleased to offer this new bilingual format giving witness to our ever-present Hispanic population.
Nos place ofrecer este nuevo formato bilingüe que da testimonio de nuestra siempre presente población hispana.***

**SACRAMENTAL PREPARATION /
PREPARACIÓN SACRAMENTAL**

Baptism / Bautizo:

Please email Baptism Coordinator Cecilia Lopez Oetgen, clopez@olqpva.org.

Por favor mande un correo electrónico a la coordinadora de los bautizos, Cecilia López Oetgen, clopez@olqpva.org.

Marriage Preparation/ Preparación para el matrimonio:

Please contact the parish office at least six months before wedding date to complete requirements.

Por favor llame a la oficina de la parroquia seis meses antes de su matrimonio para completar todos los requisitos.

Reconciliation / Reconciliación—Confesión:

Sat, 4:45-5:15 pm, Wed, 6:30-8:30 pm during Lent & by appointment.

Los sábados: 4:45-5:15 pm, Los miércoles: 6:30-8:30 pm durante la Cuaresma y por cita previa.

**SACRAMENTAL LIFE OF THE PARISH /
VIDA SACRAMENTAL DE LA PARROQUIA**

This weekend we welcome eight new Christians. Este fin de semana le damos la bienvenida a ocho nuevos Cristianos:

Raymond Awaílua Kenji Meisels, Grace Olivia Hefferman, Mary Prin Emery, & Sophie Natalia Sibener - Baptized March 14
Bautizados el 14 de marzo

Katerine Elizabeth Moreira Mendiola, Brayán Otoniel Moreira Mendiola, Luis Kevin Muñoz Vargas & Natali Keylli Muñoz Vargas
Baptized March 15 / Bautizados el 15 de marzo

SUNDAY COLLECTIONS / COLECTAS DEL DOMINGO

Sunday Collection / Colecta del pasado domingo: \$8,324
Faith Direct (February Average / promedio del mes de febrero): \$9,959

THIRD SUNDAY OF LENT

TERCER DOMINGO DE CUARESMA

Exodus 17:3-7 (28A); Romans 5:1-2, 5-8;
John 4:5-15, 19b-26, 39a, 40-42
Éxodo 17:3-7 (28A); Romanos 5:1-2, 5-8;
Juan 4:5-15, 19b-26, 39a, 40-42

FOURTH SUNDAY OF LENT

CUARTO DOMINGO DE CUARESMA

1 Samuel 16:1b, 6-7, 10-13a (31A); Ephesians 5:8-14;
John 9:1-41 or 9:1, 6-9, 13-17, 34-38
1 Samuel 17:3-7 (31A); Efesios 5:1-2, 5-8;
Juan 9,1-41 or 9,1, 6-9, 13-17, 34-38

MASS INTENTIONS FOR MARCH 14-20

THIRD SUNDAY OF LENT

INTENCIONES DE LAS MISAS

14-20 DE MARZO

TERCER DOMINGO DE CUARESMA

5:30 pm— for Gregory Nowicki (D) by Maureen Callahan
8 am— for Elsworth & Lorine Newman (D)
by Tyra & Karen Newman
9:30 am— for Beverly West Goode (D) by the Family
11:15 am— for Mary & Fred Nash (D) by Mike & Mary Ray
1 pm— for Kenneth Daniels (D) de Milagros Lovo y Familia
6 pm— for Margie Willter (D) by the Amparo Family
Mon. 12:00 noon— for Brigid Seitz (D) by Susan Bruns
Tues. 12:00 noon— for Kevin Finan (D) by Susan Bruns
Wed. 12:00 noon— for the Parish
Thu. 12 noon— for John Nasser (D) by Rita Dias
Fri. 6 pm— for the Parish

Bulletin Deadline / Plazo para el boletín Wednesday / miércoles —9 AM office@olqpva.org

OLQP PARISH STAFF / PERSONAL DE LA PARROQUIA

Pastor / Párroco: Fr. Tim Hickey, CSSp, thickey@olqpva.org

Parochial Vicar / Párroco Asociado: Fr. Martin Vu, CSSp, mvu@olqpva.org

Ministerio Latino: Fr. Joseph Nangle, OFM, j.nangleofm@yahoo.com

Deacon / Diácono: Dcn. Tony Remedios, tremedios@olqpva.org (@ajremedios) on Twitter

Parish Office / Oficina parroquial

Business Manager / Gerente de Negocios: Christina Kozyn, ckozyn@olqpva.org

Receptionist / Enlace Hispano (bilingüe): Thelma Molina, tmolina@olqpva.org

Administrative Support / Asistentes Administrativas: Jeannette Gantz Daly, jgantz Daly@olqpva.org, Michele Chang, mchang@olqpva.org

Ministry Center / Centro de Ministerios

Social Justice & Outreach Minister / Ministro de Justicia Social y Acercamiento (bilingüe): Sally Díaz-Wells, sdiazwells@olqpva.org

Faith Formation Director / Director de Formación de Fe (bilingüe): Alex Hernández, ahernandez@olqpva.org

Faith Formation Director Assistant / Asistente del Director de Formación de Fe: Christian Ruf, cruf@olqpva.org

Faith Formation Assistant / Apoyo, Departamento de Formación de Fe (bilingüe): Ligia Loza, ligiaxms@gmail.com,

Cecilia López, clopez@olqpva.org

Youth & Young Adult Minister / Ministro de Adolescentes y Jóvenes Adultos: Rebecca Grant Jenkins, rgrantjenkins@olqpva.org

Maintenance Supervisor / Supervisor de Mantenimiento: Michael Hill, mgdvet53155@yahoo.com

Evening Custodian / Conserje nocturno: Mel Cabrera, mcabrera@olqpva.org

Maintenance Department Support / Apoyo, Departamento de Mantenimiento (bilingüe): Zulema Ramallo, Isabel Staff, Wayne Klopfenstein

OUR SICK AND HOMEBOUND STRENGTHEN US /

NUESTROS ENFERMOS Y CONFINADOS NOS FORTALECEN

PLEASE PRAY FOR / POR FAVOR OREMOS POR: Lousie Aust, Suri Barahona, Ronald Bashian, Gene Bétit, Cindy Bianga, Francis Bilgera, Joseph Leopold Bissonnette, Precious Bowens, April Brassard, Dave Brassard, Evie Brown, Lynne Burgh, Marty Butner Covington, Brody Carroll, Louise Chambers, Carmen Rosa Claire, Jeff Cory, Mary DaLuca, Cheryl Darby, Jim Davis, Adrienne DiCerbo, Ernest Donatto, Patricia “Pat” Dowd, Irene Fitzpatrick, Deborah Forczek, Yvette Francois, Iva Futrell, Karen Gammache, Trishann Ganley, Francine Gemmill, Fred Gladbach, Yolanda Gregorio, the Harris Family, Sally Hars, Linda Hawkins, Clare Hayden, Dee Hickey, Margaret Hodges, Beatriz Uribe Jaramillo, Lillian Jay, Pat Johnson, Caecilie Jones, Sharon Jourdan, Cindy Kernick, Sally Krahn, Carmen Andrea Lara, Patrick Lawrey, Bertie Leahy, Lidia Montero Lopez, Olga MacKenzie, Wil McBride, Stefan McGuigan, Martha Gladys Medina, Maria Magdalena Medrano de Ventura, Eileen Melia, Roberto Méndez, Arthur Miller, Mary Miller, Yvonne Mockler, Carmen Montijo, Dorothy Moran, Rosemary Morrissey, Bob Morsches, Chelsea Murray, Dorothy Myrtle, Mario Amel Najarro, Bruyce Niligis, Julie O’Brien, Patrick Ogden, Michelle O’Keefe, Delfima Pacheco-Choque, Roy Paco, Catherine Parr, Mary Pasquarella, Mark Pazich, Minnie Pazich, Paul Ramirez, Maddie Respicio-Cabatic, Wally Reyes, Michael Rodgers, Maritza Roldan, Marco Cristiaan Rufolo-Roger, Josefina Salgado, Carolyn Santos, Susan Savage, Jane Shepard, Janet Shirvanian, Mary Shookhoff, Jeffrey Smith, Mary E. Smith, Eva Souza, Nina Stewart, Michael Arthur Sweat, Mary Terlep, Rose Trujillo, Fr. Tom Tunney, Nancy Urquizo, Stephen Utley, Kate Witkowski, Mary Woods, Claudia Zapata, Kate Zopp.

INCLEMENT WEATHER POLICY /

NORMAS ANTE LA INCLEMENCIA DEL CLIMA

Evening and weekend activities (except scheduled Masses): OLQP follows the decision of Arlington Public Schools for cancellation of evening and weekend activities. Those traveling outside the local school district should use their best judgment. For the most up-to-date information for Arlington Public Schools, please call 1-866-322-4277 or visit www.apsva.us/post/inclement-weather-announcements/
Parish Office Staff and Weekday Activities, 8am-5pm: Office and weekday activities follow the decision of the Federal Government. Tune in to your local radio and tv stations for updated information or visit www.opm.gov/policy-data-oversight/snow-dismissal-procedures/
Masses: The decision to cancel Masses within the Diocese of Arlington is made by Bishop Burbidge and broadcast on local radio and tv stations.
Las actividades nocturnas y de fin de semana (con excepción de las misas programadas): OLQP sigue la decisión de las Escuelas Públicas de Arlington para la cancelación de actividades nocturnas y de fin de semana. Las personas que estuvieran fuera del sistema escolar local deben utilizar su mejor juicio. Para obtener la información más actualizada sobre las Escuelas Públicas de Arlington, por favor llame al 1-866-322-4277 o visite www.apsva.us/post/inclement-weather-announcements/
Personal de la Oficina Parroquial y Actividades de Días Laborables, 8am-5pm: Las actividades de la Oficina y del día siguen la decisión del Gobierno Federal. Sintonice las emisoras de radio y televisión locales para obtener información actualizada o visite www.opm.gov/policy-data-oversight/snow-dismissal-procedures/.
Misas: La decisión de cancelar las misas dentro de la Diócesis de Arlington es hecha por el obispo Loverde y transmitida por las estaciones de radio y televisión locales.

*Translated notices that are of interest to the entire community.
Noticias traducidas que son de interés para toda la comunidad.*

PLEASE CONSIDER ONLINE GIVING during these uncertain times

- We rely on your weekly contributions to cover all parish expenses. With the heightened concern over the Covid-19 virus, many are choosing wisely to stay home especially if in the high risk categories, and we support that 100%. It is not a sin to miss Mass under these circumstances. Those who refrain from attending Mass due to illness are not committing a sin.

At the same time, if your circumstances allow, we ask that you continue to support the parish on a weekly basis by enrolling in online giving at Faithdirect.net or a bill-pay program so that we are assured of your support even when you cannot join us for Mass. The Faith Direct parish code is VA271. We thank you for your consideration. Lenten blessings and good health to you all, Fr. Tim and Fr. Martin

CENSUS GOES LIVE - The US Census went live, Thursday, March 12th. Please know that it is critical that we are all counted. If you have neighbors that may need help, please offer. Please go to census.gov on or after March 12th.

EASTER FLOWER MEMORIALS

We invite you to remember a deceased family member with an Easter Flower Memorial, to be published in the Easter bulletin, April 12. Please complete this form, check payable to Our Lady Queen of Peace Church (donation amount is at your discretion) and send to the parish office (attention Christina) or drop in the collection by the deadline: Monday, April 6th.

Honoring: _____
Requested by: _____
Donation: \$ _____

CONSIDERE LAS DONACIONES EN LÍNEA DURANTE ESTOS

tiempos inciertos: dependemos de sus contribuciones semanales para cubrir todos los gastos de la parroquia. Con la creciente preocupación por el virus Covid-19, muchos eligen sabiamente quedarse en casa, especialmente si están en las categorías de alto riesgo, y respaldamos esa decisión 100%. No es pecado no asistir a Misa en estas circunstancias. Los que se abstienen de asistir a Misa debido a una enfermedad no están cometiendo un pecado.

Al mismo tiempo, si sus circunstancias lo permiten, le pedimos que continúe apoyando a la parroquia semanalmente al inscribirse para hacer donaciones en línea a través de Faithdirect.net o de un programa de pago de facturas para que tengamos la seguridad de su apoyo incluso cuando no pueda unirse a nosotros para la Misa. El código parroquial de Faith Direct es VA271. Le agradecemos su consideración. Bendiciones cuaresmales y buena salud a todos, P. Tim y P. Martin

EL CENSO EMPEZÓ – El Censo de los EE.UU. empezó el jueves, 12 de marzo. Por favor sepa que es esencial que todos seamos contados. Si tiene vecinos que puedan necesitar ayuda, por favor ofrézcasela. Por favor vaya a census.gov el 12 de marzo o después.

MEMORIALES DE FLORES DE PASCUA DE RESURRECCIÓN

Invitamos a todos a recordar a un ser querido difunto con un Memorial de una flor de Pascua de Resurrección. Los memoriales se publicarán en el boletín del domingo de Pascua de Resurrección del 12 de abril. Por favor, complete esta información, cheque a nombre de OLQP (el donativo se deja a su discreción) y mándela a la oficina parroquial (atención: Christina) o póngalo en la canasta de la colecta en o antes del lunes, 6 de abril.

En honor de : _____
A petición de: _____
Donativo: \$ _____

THE LIGHT IS ON FOR YOU

LENTE RECONCILIATION PROGRAM:

The Sacrament of Penance is offered each Wednesday evening during Lent from 6:30 to 8:30pm (except April 8th). At the same time, Reconciliation Service or Sung Stations of the Cross will be offered.

Sung Stations of the Cross: 7pm – March 18 and April 1

Reconciliation Services: 7pm – March 25 Family Service (at 6:30pm and open to all)

2020 BISHOP'S LENTEN APPEAL

STEADFAST IN FAITH AND JOYFUL IN HOPE

The Bishop's Lenten Appeal is critical to our diocesan needs and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work – works that touch the lives and souls of thousands of people. Thank you!

SUNG STATIONS OF THE CROSS -- Come refresh your soul during Lent with the Sung Stations of the Cross. In the musical style of Taize, these unique stations invite you to pray along with thoughtful reflections on the Via Crucis and join in a meditative refrain. The Sung Stations will be offered on March 18 and April 1 at 7pm. Reconciliation will be offered from 6:30pm-8:30pm. For more information, contact Monica Perz-Waddington: monica.perz@verizon.net

40 DAYS FOR LIFE CAMPAIGN - The spring 40 Days for Life campaign began on Ash Wednesday and will run until April 5th. Please come out during this campaign and show your support for women and men facing challenging pregnancies. The location of the site is the Alexandria Women's Health Clinic, 5999 Stevenson Avenue, Alexandria. Come join parishioner Thea Barron on Thursdays from 10am to 11am or come anytime between 7am and 7pm. Feel free to print the downloadable leaflets to hand out from the website: <https://www.40daysforlife.com/alexandria>

CATHOLIC CHARITIES SEEKS MEDICAL VOLUNTEERS

Catholic Charities will open a second free medical clinic for poor, uninsured and under-insured adults in late April and needs volunteer medical professionals and other volunteers to operate the clinic. The Mother of Mercy Free Medical Clinic, Woodbridge, will open at 13900 Church Hill, Woodbridge. Volunteer nurses and doctors, including internists, cardiologists, gynecologists and other specialists, nutritionists, physical therapists and others are needed. To volunteer contact Alexandra Luevano: 703- 335-2779 ext. 15 or alexandra.luevano@ccda.net

OLIVEWOOD HANDMADE CARVINGS - March 28th/29th, a display of beautiful olivewood handmade carvings from the Holy Land will be showcased at OLQP. These Carvings are made by the Christians of Bethlehem who use them as their source of income. These brothers and sisters of ours are enduring hardships at this moment because of the volatile situation in their home country. Christians in the Holy Land used to be more than 37 % of the population. There is less than 1% now because of the situation. We ask you to support our brothers and sisters in Bethlehem as Christians of faith. You can support them by purchasing some of these beautiful carvings after Mass. For more information, please contact us at 202-302-5889 or visit www.BethlehemCarvings.org.

CANCELLED! – MAT MAKING FOR THE HOMELESS

LUZ ESTÁ ENCENDIDA PARA TI

PROGRAMA DE RECONCILIACION DE LA CUARESMA:

El Sacramento de la Penitencia se ofrece todos los miércoles por la noche durante la Cuaresma de 6:30 a 8:30pm (excepto el 8 de abril). Al mismo tiempo, se ofrecerá el Servicio de Reconciliación o el Vía Crucis Cantado.

El Vía Crucis Cantado: 7pm - 18 de marzo, 27 y 1 de abril

Servicios de reconciliación: 7pm – 25 de marzo Servicio de la Familia (a las 6:30pm y abierto a todos)

LA PETICIÓN CUARESMA DEL OBISPO DE 2020

FIRMES EN LA FE Y ALEGRES EN LA ESPERANZA

La Petición Cuaresmal del Obispo está en plena marcha y pedimos a cada familia de nuestra parroquia que la apoye en la medida de sus posibilidades. La Petición Cuaresmal del Obispo financia muchos programas, servicios y ministerios que están destinados a las personas necesitadas y llevan adelante la misión evangelizadora de Jesucristo en nuestra diócesis. Unámonos para realizar las obras del Señor, obras que tocan la vida y el alma de miles de personas en nuestra diócesis. ¡Gracias!

ESTACIONES DE LA CRUZ CANTADAS – Venga y refresque su alma durante la Cuaresma con las estaciones de la cruz cantadas. En el estilo musical de Taize, estas estaciones únicas lo invita a orar con reflexiones meditativas del Vía Crucis y a repetir una frase meditativa. Las Estaciones Cantadas se ofrecerán el 18 de marzo y el 1ro de abril a las 7pm. Se ofrecerá la reconciliación de 6:30pm a 8:30pm. Para recibir más información, contacte a Monica Perz-Waddington: monica.perz@verizon.net

40 DÍAS PARA LA CAMPAÑA PRO-VIDA - La campaña de primavera de 40 Días pro-vida empezó el Miércoles de Ceniza y continuará hasta el 5 de abril. Por favor venga durante esta campaña y demuestre su apoyo por las mujeres y los hombres que se enfrentan a embarazos desafiantes. El lugar es Alexandria Women's Health Clinic, 5999 Stevenson Avenue, Alexandria. Venga y únase a Thea Barron (feligresa de OLQP) los jueves de 10am a 11am o venga en cualquier momento entre las 7am y las 7pm. Puede imprimir los panfletos que puede descargar del sitio web: <https://www.40daysforlife.com/alexandria> para distribuirlos.

LAS CARIDADES CATÓLICAS BUSCAN VOLUNTARIOS MÉDICOS

A fines de abril, las Caridades Católicas van a abrir una segunda clínica para los pobres, adultos sin seguro médico o uno insuficiente y necesitan profesionales médicos voluntarios y otros voluntarios para operar la clínica. La clínica gratis Mother of Mercy, Woodbridge, va a abrir en 13900 Church Hill, Woodbridge. Se necesitan enfermeras/os y doctores, incluyendo internistas, cardiólogos, ginecólogos y otros especialistas, nutricionistas, terapeutas físicos y otros. Para ofrecerse de voluntaria/o, contacte a Alexandra Luevano: 703-335-2779 ext. 15 o alexandra.luevano@ccda.net

TALLADOS A MANO DE MADERA DE OLIVOS - El 28 y 29 de marzo vamos a tener una exhibición de bellos objetos tallados de madera de olivos de la Tierra Santa en OLQP. Los cristianos de Belén tallan estos objetos y los usan para ganarse la vida. Estos hermanos y hermanas nuestros están pasando por grandes dificultades en estos momentos debido a la situación inestable en su país. Los cristianos en la Tierra Santa formaban más del 37% de la población. Ahora son menos del 1% debido a la situación. Le pedimos que apoye a nuestros hermanos y hermanas en Belén como cristianos de fe. Pueden apoyarlos al comprar algunos de estos bellos tallados después de Misa. Para obtener más información, por favor contáctenos: 202-302-5889 o visite www.BethlehemCarvings.org.

¡CANCELADO! – CREACIÓN DE ESTERAS PARA LAS PERSONAS SIN HOGAR

HAITI EASTER DRIVE - "Water is a cure-all. Water is everything. You can't get better without drinking lots of water, and you can't drink water unless it's clean." -Josh Fox. We have access to clean water with the turn of a faucet. We rely on it to drink, cook, clean, wash clothes, brush our teeth, and much more. For the people in Medor, life is much different. There is no running water, so they collect water from streams and springs and must purify it at home for it to be safe to consume. Medor residents use these same streams and springs to bathe themselves and wash their clothes. This week, let's try to limit our water usage to only what is absolutely essential. While doing so let's remember our brothers and sisters in Medor and their quest for clean water. Donations for the Haiti Easter Drive help support Medor's clean water program; donations help improve the health of the entire community.

CAMPAÑA DE PASCUA DE RESURRECCIÓN PARA HAITÍ - "El agua es una panacea. El agua lo es todo. Uno no se puede mejorar sin tomar mucha agua y no puede tomar agua si no es fresca". – Josh Fox. Tenemos acceso al agua fresca al abrir un grifo. Dependemos de ella para beber, cocinar, limpiar, lavar la ropa, cepillarnos los dientes y mucho más. La vida es muy diferente para las personas de Medor. No hay agua corriente, así que recogen agua de arroyos y manantiales y las personas tienen que purificarla en sus casas para que se pueda tomar. Los residentes de Medor usan los mismos arroyos y manantiales para bañarse y lavar la ropa. Esta semana, tratemos de limitar nuestro uso de agua para solo lo que sea absolutamente necesario. Al hacer esto, recordemos a nuestras hermanas y hermanos en Medor y su búsqueda por agua limpia. Las donaciones para la Campaña de Pascua de Resurrección para Haití ayudan a apoyar el programa de agua fresca de Medor. Las donaciones ayudan a mejorar la salud de toda la comunidad.

JUST A THOUGHT OR TWO... will return next week.

*Programs that are open to the entire community, but offered in English only.
Programas que le dan la bienvenida a toda la comunidad, pero que solo se ofrecen en inglés.*

**SUSPENDED THROUGH MARCH 31ST –
STONE SOUP SUPPER SERIES**

CANCELLED! – AUDITIONS, TEEN THEATER 2020 PRODUCTIONS

**SUSPENDED THROUGH MARCH 31ST –
4TH SUNDAY YOUNG ADULT POTLUCK**

**SUSPENDED THROUGH MARCH 31ST –
RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)**

CRS RICE BOWL – This week we meet Yvone from Kenya. She learned proper nutrition and hygiene practices to help keep her healthy and in school. Yvone now has a chance to dream and the strength to follow those dreams. How can you ensure that young people in your community receive proper nutrition? How are you doing with the Rice Bowl on your table? What are you learning? Good geography lesson – use a world map. Thank you for participating.

RELAUNCH OF THE FOOD SECURITY TEAM -- As our busy food pantry serves more than 250 families a week and the Administration proposes further food program budget cuts, we are looking to relaunch the food security team. The team has been on hiatus after our long-term lead retired and moved out of the area. If you are interested in joining us, please send an email to both Patvinkenes@yahoo.com and sdiazwells@olqpva.org.

CARPENTERS SHELTER DINNER – Thursday, March 19 Our menu this month is bbq beef sandwiches, veggie entre, coleslaw, salad, brownies and lemonade. Contributions can be brought to the **Parish Office kitchen** Mon–Fri, 8:30am–4:30pm labeled "Carpenter's Shelter" and placed in refrigerator, freezer, or counter or to **Father Ray Hall on day of dinner** between 4pm–5pm. If delivering directly to **Carpenter's Shelter** (located temporarily at Landmark Mall) **label clearly** "OLQP, Dinner and date of dinner. Sign up board is at the back of church or contact mary.resnick@gmail.com, 703-462-4841 to sign up.

LENTEN CREATION CARE CHALLENGE: Greenhouse gas emissions from global meat and dairy production is about the same as emissions from all the cars, trucks, planes and ships in the world. Our commitment to eat less meat is a small contribution to fighting climate change. Imagine the impact if thousands and millions did the same.

LENTEN REFLECTIONS -- *The National Catholic Reporter* is offering a program of short (one minute or less) meditations on food, faith, and climate. The reflections are edited by our own parishioner, Jesse Remedios, who is part of the NCR staff. To sign up, go to Earthbeat Weekly: A New Idea for Lent.

STEPHEN MINISTRY - We hear you! Pain is evident in so many of the Intercessory Prayers. Know that you can find a compassionate listener in a Stephen Minister. Your situation need not be a catastrophic life event, or maybe it is. Whatever it is for you, don't hesitate to call Joan Brown at 703-608-5059 to be linked to a Stephen Minister who will faithfully, non-judgmentally "walk" with you.



Prevention and Response to the Coronavirus

The Diocese of Arlington has been in consultation with the Centers for Disease Control and Prevention (CDC) and is actively coordinating with county public health departments to ensure that all diocesan parishes, schools, ministries, and charities are responding appropriately to the spread of the coronavirus (COVID 19).

With active cases of coronavirus present in Maryland, Washington DC and Virginia, the Diocese is taking additional precautions.

Parishes:

Along with our previous recommendations to help prevent further transmissions, Bishop Burbidge directs all parishes, and high school and campus ministries to take the following measures:

- Suspend the use of a common chalice during Holy Communion
- Omit or suspend the Sign of Peace
- Empty Holy Water fonts
- All liturgical vessels should be cleaned with soap and water after each Mass, including any pyx that will be taken to a nursing home, hospital, the homebound, etc.
- Surfaces in our churches, offices, and other facilities are to be cleaned as frequently as possible

** Public health experts assisting the Diocese have advised that receiving Communion on the tongue does not pose a greater risk of spreading illness than receiving Communion on the hand.*

Pastors have also been instructed to encourage parishioners who are showing common symptoms of illness (fever, cough, body aches) to avoid coming to Mass or any parish activity until 24 hours after symptoms abate.

Until further notice, Bishop Burbidge has granted dispensation from the Sunday Mass obligation for those segments of the community who are most vulnerable to the effects of coronavirus (those 60 years old or older, those with chronic illness, and those with immune system deficiencies), as well as those who provide for the care of a person with such a condition. Those who are exempted should check with their parish or the diocesan website regularly for updates.

Note: Those who refrain from attending Mass due to illness should, if possible, devote time to prayer, observe Mass on television or the internet, and/or pray a Rosary. While nothing can replace attending and participating in Sunday Mass or receiving Holy Communion, those who refrain from Sunday Mass due to illness have not committed a mortal sin. When sick, observing the Sabbath with another holy devotion and prayer demonstrates good will and sincerity.

Diocesan Catholic Schools:

Diocesan Catholic schools have been instructed to cancel all school-sponsored international travel through June 30, 2020, and all domestic overnight travel from March 11 through May 1, 2020, will be canceled. Day trips will proceed as scheduled, except for trips to New York state.

Catholic Charities:

Catholic Charities is actively coordinating with each of its 20 programs and 16 stand-alone locations to ensure that critical services to the poor and vulnerable are delivered consistent with guidelines and best practices prescribed by the CDC relating to the coronavirus.

Preventative Measures:

All expert opinion highlights the critical need to wash hands regularly with soap and water for at least 20 seconds; avoid touching your eyes, nose, and mouth as much as possible; and covering your mouth with a tissue or sleeve (not your hands) when sneezing or coughing.

Diocese of Arlington leadership is coordinating actively with public health officials. We are monitoring the situation on a daily basis and will take additional measures as circumstances change.

Prevención y respuesta de la Diócesis de Arlington en relación con el coronavirus

La Diócesis de Arlington ha estado en consulta con los Centros para el Control y la Prevención de Enfermedades (CDC) y realiza una activa coordinación con los departamentos de salud pública de los condados para asegurarse de que todas las parroquias, las escuelas, los ministerios y las organizaciones de beneficencia de la Diócesis respondan de manera apropiada a la propagación del coronavirus (COVID-19).

En vista de que han ocurrido casos activos de coronavirus en Maryland, Washington, DC, y Virginia, la Diócesis ha tomado precauciones adicionales.

Parroquias:

Junto con nuestras recomendaciones previas para ayudar a prevenir una mayor transmisión, Monseñor Burbidge manda que todas las parroquias y los ministerios de las escuelas secundarias y otros campus de enseñanza tomen las siguientes medidas:

- Suspendan el uso de un cáliz común durante la Sagrada Comunión.
- Omitan o suspendan el saludo de la paz.
- Vacíen las fuentes de agua bendita.
- Limpíen todos los vasos litúrgicos con agua y jabón después de cada Misa, incluso cualquier píxide que se vaya a llevar a un hogar geriátrico, un hospital, una persona confinada a su casa, etc.
- Limpíen las superficies en nuestras Iglesias, oficinas y otras instalaciones con tanta frecuencia como sea posible.

** Los expertos en salud pública que asesoran a la Diócesis han informado que el hecho de recibir la Sagrada Comunión en la lengua no presenta un mayor riesgo de propagación de enfermedad que recibirla en la mano.*

También se les ha indicado a los párrocos que les pidan a los feligreses con síntomas comunes de enfermedad (como fiebre, tos o dolores en el cuerpo) que se abstengan de asistir a Misa o a cualquier actividad parroquial hasta que hayan pasado 24 horas de la desaparición de los síntomas.

Hasta nuevo aviso, Monseñor Burbidge ha concedido dispensa de la obligación de asistir a la Misa Dominical a los grupos de la comunidad más vulnerables a los efectos del coronavirus (las personas mayores de 60 años, las que tengan enfermedades crónicas y las afectadas por deficiencias del sistema inmunitario), así como todos los proveedores de cuidado de una persona en esas condiciones. Las personas dispensadas de esta obligación deben consultar regularmente el sitio web de su parroquia o de la Diócesis para ver si hay alguna actualización.

Nota: Las personas que no asistan a Misa por enfermedad deben dedicar tiempo a la oración, ver la Misa por [televisión](#) o por internet y/o rezar un rosario, si es posible. Aunque nada puede reemplazar la asistencia a la Misa Dominical, la participación en ella ni el recibo de la Sagrada Comunión, las personas que no vayan a la Misa Dominical por enfermedad no han cometido un pecado mortal. En caso de enfermedad, la observancia del Día del Señor con otra devoción santa y con oración demuestra buena voluntad y sinceridad.

Escuelas católicas de la Diócesis:

Se han dado instrucciones a las escuelas católicas de la Diócesis de que cancelen todos los viajes internacionales patrocinados por esas instituciones hasta el 30 de junio de 2020 y también todos los viajes nacionales de un día para otro desde el 11 de marzo hasta el 1º de mayo de 2020. Los viajes durante el día procederán según lo previsto, con excepción de los programados para el Estado de Nueva York.

Caridades Católicas:

Caridades Católicas realiza una activa coordinación con cada uno de sus 20 programas y 16 lugares independientes para asegurarse de que se presten servicios críticos a las personas pobres y vulnerables de conformidad con las directrices y las mejores prácticas prescritas por los Centros para el Control y la Prevención de Enfermedades (CDC) en relación con el coronavirus.

Medidas de prevención:

Al dar su opinión, todos los expertos destacan la necesidad crítica de lavarse las manos con regularidad con agua y jabón por lo menos durante 20 segundos, no tocarse los ojos, la nariz ni la boca en la medida de lo posible y taparse la boca con un pañuelo de papel o con la manga (no con las manos) al estornudar o toser.

Las autoridades directivas de la Diócesis de Arlington realizan una activa coordinación con las autoridades de salud pública. Vigilamos la situación a diario y tomaremos medidas adicionales a medida que cambien las circunstancias.

Tend to what repulses you

by Pauline Hovey

"Tend to what repulses you."

This is what I "hear" in my morning meditation. I had been reflecting on Jesus washing his disciples' feet — a scene so vivid in my imagination — foul-smelling, calloused, bare feet waiting for their turn to be bathed. Closing my eyes, I intended to practice *lectio divina*, with whatever word or phrase came to me from the reading. Instead, I was given this phrase, seemingly out of nowhere. *"Tend to what repulses you."*

I don't have to ask for an explanation. The revolting scent of what Jesus encounters captures my senses like never before. Because of what I have experienced in El Paso.

And, yes, it repulses me.

Not unlike the memory of a little boy's dusty feet. A boy no more than 4 years old, his badly worn shoes were covered in a film of dirt from the desert.

Several months earlier, before the so-called "Migrant Protection Protocol" was forcing refugees to wait in dangerous countries, I had assisted Andree, along with his Guatemalan father, in our *roperia*, or clothing room. They had arrived at our temporary hospitality shelter, Casa del Refugiado, earlier that day, dropped off by ICE after being processed and vetted, ready to move on to their family sponsor where they would await their asylum hearing.

As is customary, we provide a change of clothes for all our guests before they take their shower. The El Paso community donates mostly all of the clothing — the rest coming from elsewhere in the country — and usually we have a sufficient supply. But our shoe supply is always minimal. Guests are only allowed to take replacement shoes if their own are falling apart, which this boy's clearly were.

So, when Andree smiled up at me, pointing to the display of children's shoes lined up on the shelf and asked for *zapatos*, I could not deny him. His father sheepishly grinned, already holding in his arms lavish gifts: clean T-shirts and jeans, new underwear and socks — a pair of each for both of them. He felt it was a lot to ask. I knew this without him saying so.

Meekness. Gratefulness. This has been my experience of the Central Americans who have come through our door.

But I told him it was OK and he lifted his son

onto a stool, where little Andree's feet were now inches from my face. The color and original shape of his shoes barely recognizable.

Although I did not need to, I chose to help Andree change his shoes. I'd become enamored with this little dark-haired charmer traveling without his *mamma*, and I wanted to provide a feminine touch that I suspected he might be missing.

Andree giggled as I took his small feet in my palm, teasing him with childish sounds and tickling touches. We both laughed until I removed his filthy shoes. Instinctively, I turned my body away from him.

The stench overpowered me like nothing I'd ever experienced from a child. Including the dirtiest of diapers. I could not have imagined someone's feet being so foul-smelling, much less those of one so small.

To entertain Andree while my senses worked through the shock, I exaggerated disgusting noises and we were soon back to giggling together. I tried not to breathe in too deeply as I slipped another pair of shoes onto his feet.

Later that day, another ICE bus arrived with a new group of migrants, and I joined volunteers to take down the new arrivals' information and connect them with their relatives, their sponsor, who would receive them here in the United States. As I took my place behind the table, I looked out at a sea of people waiting in folding chairs five rows deep. They appeared weary, disheveled, dirty.

A 21-year-old mother sat down before me hoisting a toddler with a runny nose onto her lap. As she answered my questions, I noticed she didn't seem to mind that the phlegm was about to reach her child's lip. I scouted out a tissue from my bag and hurriedly handed it to her. But it was too late. She'd already swiped her shirt sleeve across the little one's nostrils.

I grimaced and moved on to the next question.

Was she and her child traveling alone? Was anyone in their family detained or separated from them during their journey? I assumed the answer was no. Dozens of single mothers with children filled the chairs. Rarely did a couple attempt to get through immigration together nowadays since they'd become aware of the strong possibility of being separated.

But I had to ask. Her answer came through eyes welled with tears.

No longer able to maintain her stoic expression, Stefany cried as she began to relay her story. How the border patrol agents took her husband at the border. How she worried about ever seeing him again. She wondered if she could visit him in detention before heading to his parents, in Virginia, without him.

Another uncomfortable moment. Another instance where I wanted to turn my body away in revulsion. Not let myself feel the anguish in Stefany's eyes. Not feel the pain we are causing so many of these migrants. Simply fill out the paperwork and move on. It would have been so much easier. Instead, I placed my hand over hers. Told her I was sorry this happened. She cried harder.

"... as I have done, so you must do."

Yes, Lord, I know you want me to tend to what repulses me. This one day — so clear in my memory — affirms your words.

I know you are asking more of me. More than the symbolic washing of my own son's feet during the Holy Thursday ritual. As special and beautiful as that is, it doesn't challenge me. It doesn't take me out of my circle of safety, down to the floor where the foreign stench from days on distant roads traveled fills my nostrils. Down to the place where another's pain repels me.

Sometimes, to be in service to love goes well beyond being inconvenienced. Sometimes it smells like feet that have been stuffed into shoes worn for weeks on end. Sometimes it is found in the mess and heartbreak of runny noses, bodily odors and disheveled people clasping babies and toddlers, stripped of everything else they'd brought with them. Including their dignity.

Although I may turn from the stench, I will not turn my heart away from tending to what you have placed in front of me. From what you have asked me to do. To follow your example.

No, I cannot turn away.

[Pauline Hovey is a writer living in southern New Mexico where she accompanies migrants and refugees at a hospitality center in El Paso, Texas.]

Published on *National Catholic Reporter*
(<https://www.ncronline.org>)

Mar 10, 2020