

OLQP MISSION STATEMENT

Our Lady Queen of Peace Catholic Church is dedicated to witnessing the teachings of Jesus Christ, especially the Gospel of Saint Matthew, Chapter 25:31-46. Our mission is to nurture the spirit and to encourage the potential of those we serve through liturgical celebration, educational endeavors and social ministries. The parish will continue to identify with its origin as a Black parish. As a multi-ethnic congregation we will seek to promote racial harmony and social justice. While our primary focus is within the immediate community, we will also work to provide for the well-being of the down-trodden everywhere. In this we strive for our parish community to be a caring, sharing, and loving family.

Welcome to OLQP Catholic Church!
¡Bienvenidos a OLQP Iglesia Católica!

Contact / Contacto:

2700 19th St S, Arlington VA 22204
703-979-5580, office@olqpva.org

Website / sitioweb: olqpva.org

Masses / Misas:

Weekdays / Días laborables:

Mon-Fri, 12pm / lunes a viernes 12pm

Weekend Mass Schedule /

Horario de misas de fin de semana:

Saturday Vigil — 5:30pm

Misa de vigilia sábados - 5:30 pm

Sundays — 8:00am, 9:30am, 11:15am,

1:00pm (Spanish) & 6:00pm (Young Adult)

Domingos - 8:00 am, 9:30 am, 11:15 am,

1:00 pm (español), y 6:00 pm (Misa de

jóvenes adultos)

Misal Palabra y Eucaristía / Word & Eucharist Missalette

Today's readings can be found on page 176 of the Word & Eucharist missalette.

Las lecturas de hoy se encuentran en la página 177 en el misal Palabra y Eucaristía.

DECLARACIÓN DE MISIÓN DE OLQP

La parroquia de la iglesia católica Nuestra Señora Reina de la Paz se dedica a dar testimonio de las enseñanzas de Jesucristo, especialmente el Evangelio de San Mateo, Capítulo 25:21-46. Nuestra misión es nutrir el espíritu y alentar el potencial de aquellos a quienes servimos a través de la celebración litúrgica, labores educativas y ministerios sociales. La parroquia continuará identificándose con su origen como una comunidad afro-americana, pero reflejando una congregación multi-étnica y continuará promoviendo la armonía racial y la justicia social. Si bien es cierto que nuestro enfoque principal es la vecindad comunitaria, continuaremos trabajando para proveer por el bienestar de los más necesitados en general. Es así como nos esforzamos para hacer de nuestra comunidad parroquial una familia que comparte y se preocupa por sus miembros.

OUR LADY QUEEN OF PEACE CHURCH

March 8, 2020

The Second Sunday of Lent

LENTEN RECONCILIATION PROGRAM:

Sung Stations of the Cross: 7 pm – March 18 and April 1

Reconciliation Services: 7 pm – March 11 Bilingual and, March 25 Family Service (at 6:30 pm and open to all)

PROGRAMA DE RECONCILIACION DE LA CUARESMA:

El Vía Crucis Cantado: 7 pm - 18 de marzo, 27 y 1 de abril

Servicios de reconciliación: 7 pm – 11 de marzo bilingüe y 25 de marzo Servicio de la Familia (a las 6:30 pm y abierto a todos)

Christ's face became as dazzling as the sun,
His clothes as radiant as light.

Matthew 17:2



Su rostro resplandeció como el sol,
y su ropa se volvió blanca como la luz.

Mateo 17:2

The diocese has suggested that we offer everyone the option to refrain from hand-holding during the Our Father and handshaking during the Sign of Peace now that we are in the height of the flu season. The diocese also suggested that we suspend the use of a common chalice during Communion. We do these things out of an abundance of caution and ask that you not take offense should others choose to refrain.

If you have symptoms of influenza please refrain from attending Mass and other parish activities for the duration of your illness and up to 24 hours after symptoms abate.

La diócesis ha sugerido que ofrezcamos a todos la opción de abstenerse de tomarse de la mano durante el Padre Nuestro y de dar la mano durante el rito de la paz ahora que estamos en el auge de la temporada de gripe. También ha sugerido que suspendamos el uso del cáliz común durante la Comunión. Son medidas preventivas y le pedimos que no se ofenda si otros optan por abstenerse.

Si tiene síntomas de influenza, evite asistir a Misa y otras actividades parroquiales mientras dure su enfermedad y hasta 24 horas después de que los síntomas hayan disminuido.



NUESTRA SEÑORA REINA DE LA PAZ

8 de marzo 2020

El segundo domingo de Cuaresma

***We are pleased to offer this new bilingual format giving witness to our ever-present Hispanic population.
Nos place ofrecer este nuevo formato bilingüe que da testimonio de nuestra siempre presente población hispana.***

**SACRAMENTAL PREPARATION /
PREPARACIÓN SACRAMENTAL**

Baptism / Bautizo:

Please email Baptism Coordinator Cecilia Lopez Oetgen, clopez@olqpva.org.

Por favor mande un correo electrónico a la coordinadora de los bautizos, Cecilia López Oetgen, clopez@olqpva.org.

Marriage Preparation/ Preparación para el matrimonio:

Please contact the parish office at least six months before wedding date to complete requirements.

Por favor llame a la oficina de la parroquia seis meses antes de su matrimonio para completar todos los requisitos.

Reconciliation / Reconciliación—Confesión:

Sat, 4:45-5:15 pm, Wed, 6:30-8:30 pm during Lent & by appointment.

Los sábados: 4:45-5:15 pm, Los miércoles: 6:30-8:30 pm durante la Cuaresma y por cita previa.

**SACRAMENTAL LIFE OF THE PARISH /
VIDA SACRAMENTAL DE LA PARROQUIA**

SUNDAY COLLECTIONS / COLECTAS DEL DOMINGO

Sunday Collection / Colecta del pasado domingo: \$13,025
Black & Indian Missions /

Misiones de personas negras e indígenas: \$3,645

Ash Wednesday Holy Day / Miércoles de Ceniza: \$2,224

Church in Central & Eastern Europe /

La Iglesia en Europa central y del este: \$1,922

Faith Direct (February Average /

promedio del mes de febrero): \$9,959

SECOND SUNDAY OF LENT

SEGUNDO DOMINGO DE CUARESMA

Genesis 12:1-4A (25A); 2 Timothy 1:8B-10; Matthew 17:1-9
Génesis 12,1-4A (25A); 2 Timoteo 1,8B-10; Mateo 17,1-9

THIRD SUNDAY OF LENT

TERCERO DOMINGO DE CUARESMA

Exodus 17:3-7 (28A); Romans 5:1-2, 5-8;

John 4:5-15, 19b-26, 39a, 40-42

Éxodo 17:3-7 (28A); Romanos 5:1-2, 5-8;

Juan 4:5-15, 19b-26, 39a, 40-42

MASS INTENTIONS FOR MARCH 7-13

SECOND SUNDAY OF LENT

INTENCIONES DE LAS MISAS

7-13 DE MARZO

SEGUNDO DOMINGO DE CUARESMA

5:30 pm— for Mr. Gregory Nowicki (D) by Maureen Callahan

8 am— for RC Cooper (D) by 8 am Choir

9:30 am—for Remberto Bayza Jr. (D) by the Cajulis Family

11:15 am—for Mr. O. Varghese (D) by Judy & Wally Reyes

1 pm— por Jose Roberto Cabrera (D) de la Familia Cabrera

6 pm— for Roldolfo Mieri (D) by Susan Bruns

Mon. 12:00 noon— In Thanksgiving for Lawrence Over (L)
by Jude Dias

Tues. 12:00 noon— for the Parish

Wed. 12:00 noon— for Tom Donahue III (D)

by the Donahue Family

Thu. 12 noon— for Michael De Vita Sr. (D) by Joe Martocci Jr.

Fri. 6 pm— for Cindy Hutter (L) by Ann Johnson

Bulletin Deadline / Plazo para el boletín Wednesday / miércoles —9 AM office@olqpva.org

OLQP PARISH STAFF / PERSONAL DE LA PARROQUIA

Pastor / Párroco: Fr. Tim Hickey, CSSp, thickey@olqpva.org

Parochial Vicar / Párroco Asociado: Fr. Martin Vu, CSSp, mvu@olqpva.org

Ministerio Latino: Fr. Joseph Nangle, OFM, j.nangleofm@yahoo.com

Deacon / Diácono: Dcn. Tony Remedios, tremedios@olqpva.org (@ajremedios) on Twitter

Parish Office / Oficina parroquial

Business Manager / Gerente de Negocios: Christina Kozyn, ckozyn@olqpva.org

Receptionist / Enlace Hispano (bilingüe): Thelma Molina, tmolina@olqpva.org

Administrative Support / Asistentes Administrativas: Jeannette Gantz Daly, jgantz Daly@olqpva.org, Michele Chang, mchang@olqpva.org

Ministry Center / Centro de Ministerios

Social Justice & Outreach Minister / Ministro de Justicia Social y Acercamiento (bilingüe): Sally Díaz-Wells, sdiazwells@olqpva.org

Faith Formation Director / Director de Formación de Fe (bilingüe): Alex Hernández, ahernandez@olqpva.org

Faith Formation Director Assistant / Asistente del Director de Formación de Fe: Christian Ruf, cruf@olqpva.org

Faith Formation Assistant / Apoyo, Departamento de Formación de Fe (bilingüe): Ligia Loza, ligiaxms@gmail.com,

Cecilia López, clopez@olqpva.org

Youth & Young Adult Minister / Ministro de Adolescentes y Jóvenes Adultos: Rebecca Grant Jenkins, rgrantjenkins@olqpva.org

Maintenance Supervisor / Supervisor de Mantenimiento: Michael Hill, mgdvet53155@yahoo.com

Evening Custodian / Conserje nocturno: Mel Cabrera, mcabrera@olqpva.org

Maintenance Department Support / Apoyo, Departamento de Mantenimiento (bilingüe): Zulema Ramallo, Isabel Staff, Wayne Klopfenstein

OUR SICK AND HOMEBOUND STRENGTHEN US /

NUESTROS ENFERMOS Y CONFINADOS NOS FORTALECEN

PLEASE PRAY FOR / POR FAVOR OREMOS POR: Lousie Aust, Suri Barahona, Ronald Bashian, Gene Bétit, Cindy Bianga, Francis Bilgera, Joseph Leopold Bissonnette, Precious Bowens, April Brassard, Dave Brassard, Evie Brown, Lynne Burgh, Marty Butner Covington, Brody Carroll, Louise Chambers, Carmen Rosa Claire, Jeff Cory, Mary DaLuca, Cheryl Darby, Jim Davis, Adrienne DiCerbo, Ernest Donatto, Patricia "Pat" Dowd, Irene Fitzpatrick, Deborah Forczek, Yvette Francois, Iva Futrell, Karen Gammache, Trishann Ganley, Francine Gemmill, Fred Gladbach, Yolanda Gregorio, the Harris Family, Sally Hars, Linda Hawkins, Clare Hayden, Dee Hickey, Margaret Hodges, Beatriz Uribe Jaramillo, Lillian Jay, Pat Johnson, Caecilie Jones, Sharon Jourdan, Cindy Kernick, Sally Krahn, Carmen Andrea Lara, Patrick Lawrey, Bertie Leahy, Lidia Montero Lopez, Olga MacKenzie, Wil McBride, Stefan McGuigan, Martha Gladys Medina, Maria Magdalena Medrano de Ventura, Eileen Melia, Roberto Méndez, Arthur Miller, Mary Miller, Yvonne Mockler, Carmen Montijo, Dorothy Moran, Rosemary Morrissey, Bob Morsches, Chelsea Murray, Dorothy Myrtle, Mario Amel Najarro, Bruyce Niligis, Julie O'Brien, Patrick Ogden, Michelle O'Keefe, Delfima Pacheco-Choque, Roy Paco, Catherine Parr, Mary Pasquarella, Mark Pazich, Minnie Pazich, Paul Ramirez, Maddie Respicio-Cabatic, Wally Reyes, Michael Rodgers, Maritza Roldan, Marco Cristiaan Rufolo-Roger, Josefina Salgado, Carolyn Santos, Susan Savage, Jane Shepard, Janet Shirvanian, Mary Shookhoff, Jeffrey Smith, Mary E. Smith, Eva Souza, Nina Stewart, Michael Arthur Sweat, Mary Terlep, Rose Trujillo, Fr. Tom Tunney, Nancy Urquizo, Stephen Utley, Kate Witkowski, Mary Woods, Claudia Zapata, Kate Zopp.

INCLEMENT WEATHER POLICY /

NORMAS ANTE LA INCLEMENCIA DEL CLIMA

Evening and weekend activities (except scheduled Masses): OLQP follows the decision of Arlington Public Schools for cancellation of evening and weekend activities. Those traveling outside the local school district should use their best judgment. For the most up-to-date information for Arlington Public Schools, please call 1-866-322-4277 or visit www.apsva.us/post/inclement-weather-announcements/

Parish Office Staff and Weekday Activities, 8am-5pm: Office and weekday activities follow the decision of the Federal Government. Tune in to your local radio and tv stations for updated information or visit www.opm.gov/policy-data-oversight/snow-dismissal-procedures/

Masses: The decision to cancel Masses within the Diocese of Arlington is made by Bishop Burbidge and broadcast on local radio and tv stations.

Las actividades nocturnas y de fin de semana (con excepción de las misas programadas): OLQP sigue la decisión de las Escuelas Públicas de Arlington para la cancelación de actividades nocturnas y de fin de semana. Las personas que estuvieran fuera del sistema escolar local deben utilizar su mejor juicio. Para obtener la información más actualizada sobre las Escuelas Públicas de Arlington, por favor llame al 1-866-322-4277 o visite www.apsva.us/post/inclement-weather-announcements/

Personal de la Oficina Parroquial y Actividades de Días Laborables, 8am-5pm: Las actividades de la Oficina y del día siguen la decisión del Gobierno Federal. Sintonice las emisoras de radio y televisión locales para obtener información actualizada o visite www.opm.gov/policy-data-oversight/snow-dismissal-procedures/.

Misas: La decisión de cancelar las misas dentro de la Diócesis de Arlington es hecha por el obispo Loverde y transmitida por las estaciones de radio y televisión locales.

***Translated notices that are of interest to the entire community.
Noticias traducidas que son de interés para toda la comunidad.***

THE ENDURING CALL TO LOVE - Join Bishop Michael Burbidge and Archbishop Wilton Gregory of the Archdiocese of Washington, DC, who will be the principal Mass celebrant and keynote speaker of the Conference. This year's Conference asks us to confront the sin of racism in ourselves and in our society, and examines the response of our United States Bishops in their pastoral letter, *Open Wide Our Hearts: The Enduring Call to Love*. Nativity Catholic Church (6400 Nativity Lane, Burke), 5pm Mass Saturday, March 14 followed by dinner, keynote and panel. To register, please email peace@arlingtondiocese.org with the first and last name of each participant, deadline March 9.

EL LLAMADO IMPERECEDERO AL AMOR - Únase al Obispo Michael Burbidge y al Arzobispo Wilton Gregory de la Arquidiócesis de Washington, DC, quien va a ser el celebrante principal de la Misa y el orador principal de la Conferencia. La Conferencia de este año nos pide que le hagamos frente al pecado del racismo en nosotros y en nuestra sociedad y examina la respuesta de los Obispos de los EE.UU. en su carta pastoral, *Open Wide Our Hearts: The Enduring Call to Love (Abran de par en par nuestros corazones: la llamada duradera al amor)*. Tendrá lugar en la iglesia católica Nativity (6400 Nativity Lane, Burke). Misa a las 5pm el sábado, 14 de marzo seguida por una comida, el orador principal y un panel de discusión. Para inscribirse, por favor mande un correo electrónico a peace@arlingtondiocese.org con el nombre y apellido de cada participante. La fecha límite es el 9 de marzo.

CONGRATULATIONS NEWLY ELECTED PARISH ADVISORY BOARD MEMBERS!

Cecilia Braveboy
Finnie Caldwell
Robert (Bob) Finke
Joe Martocci
Mary Strimel
Leah Tanyag

Who join current members:

*Lydia Cardona
Patrick Julius
Joanna Lovo
Maureen McGinnis
Susan Scott
Kate Wilson*

¡FELICIDADES A LOS MIEMBROS RECÍEN ELEGIDOS PARA LA JUNTA CONSULTORA DE LA PARROQUIA!

Cecilia Braveboy
Finnie Caldwell
Robert (Bob) Finke
Joe Martocci
Mary Strimel
Leah Tanyag

Quienes se unen a los miembros actuales:

*Lydia Cardona
Patrick Julius
Joanna Lovo
Maureen McGinnis
Susan Scott
Kate Wilson*

THE LIGHT IS ON FOR YOU

LENTEN RECONCILIATION PROGRAM:

The Sacrament of Penance is offered each Wednesday evening during Lent from 6:30 to 8:30pm (except April 8th). At the same time, Reconciliation Service or Sung Stations of the Cross will be offered.

Sung Stations of the Cross: 7pm – March 18 and April 1

Reconciliation Services: 7pm – March 11 Bilingual and, March 25 Family Service (at 6:30pm and open to all)

2020 BISHOP'S LENTEN APPEAL

STEADFAST IN FAITH AND JOYFUL IN HOPE

The Bishop's Lenten Appeal is critical to our diocesan needs and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work – works that touch the lives and souls of thousands of people. Thank you!

HAITI EASTER DRIVE

"Give light and people will find the way." Ella Baker

What do you use in your everyday life that requires electricity? Perhaps the better question is: what do you use in your everyday life that does *not* require electricity? For most of us, life without electricity seems impossible to fathom. For the people of Medor, it is a reality. Some students do their homework by the light of solar-powered light bulbs; most must stop studying when it gets dark. Clothes washing must be done in rivers or springs rather than in washing machines. Cooking takes place over a fire, rather than with an electrical appliance. This Lent, give the gift of light! Learn more about the work OLQP shares with the people in Medor. Did you know that we support a solar energy program that powers St. Joseph church and some other parish buildings? Please pray for our friends in Medor, and support the Haiti Easter Drive. Your donation can quite literally be the light that helps others see.

SUNG STATIONS OF THE CROSS -- Come refresh your soul during Lent with the Sung Stations of the Cross. In the musical style of Taize, these unique stations invite you to pray along with thoughtful reflections on the Via Crucis and join in a meditative refrain. The Sung Stations will be offered on March 4, March 18, and April 1 at 7pm. Reconciliation will be offered from 6:30pm-8:30pm. For more information, contact Monica Perz-Waddington: monica.perz@verizon.net

MAT MAKING FOR THE HOMELESS – OLQP Faith Formation will host a Lenten intergenerational and family enrichment event on March 21st from 10am-12pm in Fr. Ray Hall. Please join us to learn how to crochet plastic grocery bags into beautiful and useful sleeping mats for the homeless of Arlington. We will begin with a short presentation on homelessness and the environment, learn how to make the mats and then end with light refreshments. Please recycle your plastic bags with us – place them in the box at the back of church or bring them on the 21st; we need 800-1000 per mat! Contact Christian Ruf at cruf@olqpva.org with any questions.

JUST\$ Giant and Safeway cards will be available this Food Collection weekend, **including after the 1:00pm Mass**. If you are unable to bring food products for the OLQP Food Pantry, you can purchase and donate a Just\$ card for this purpose.

LUZ ESTÁ ENCENDIDA PARA TI

PROGRAMA DE RECONCILIACION DE LA CUARESMA:

El Sacramento de la Penitencia se ofrece todos los miércoles por la noche durante la Cuaresma de 6:30 a 8:30pm (excepto el 8 de abril). Al mismo tiempo, se ofrecerá el Servicio de Reconciliación o el Vía Crucis Cantado.

El Vía Crucis Cantado: 7pm - 18 de marzo, 27 y 1 de abril

Servicios de reconciliación: 7pm – 11 de marzo bilingüe y 25 de marzo Servicio de la Familia (a las 6:30pm y abierto a todos)

LA PETICIÓN CUARESMA DEL OBISPO DE 2020

FIRMES EN LA FE Y ALEGRES EN LA ESPERANZA

La Petición Cuaresmal del Obispo está en plena marcha y pedimos a cada familia de nuestra parroquia que la apoye en la medida de sus posibilidades. La Petición Cuaresmal del Obispo financia muchos programas, servicios y ministerios que están destinados a las personas necesitadas y llevan adelante la misión evangelizadora de Jesucristo en nuestra diócesis. Unámonos para realizar las obras del Señor, obras que tocan la vida y el alma de miles de personas en nuestra diócesis. ¡Gracias!

CAMPAÑA DE PASCUA DE RESURRECCIÓN PARA HAITÍ

"Dé luz y la gente encontrará el camino". Ella Baker

¿Qué usa en su vida diaria que requiere electricidad? Quizás la pregunta mejor es: ¿qué usa en su vida diaria que *no* requiere electricidad? Para la mayoría de nosotros, la vida sin electricidad parece imposible de comprender. Para las personas de Medor, eso es una realidad. Algunos estudiantes hacen sus deberes a la luz de bobillas alimentadas por energía solar. La mayoría tiene que dejar de estudiar cuando cae el sol. El lavado de ropa tiene que hacerse en ríos o manantiales en vez de en una lavadora eléctrica. ¡Esta Cuaresma, dé el regalo de la luz! Aprenda más del trabajo que OLQP comparte con las personas en Medor.

¿Sabía que apoyamos un programa de energía solar que alimenta la iglesia St. Joseph y algunos otros edificios de la parroquia? Por favor, rece por nuestros amigos/as en Medor y apoye la Campaña de Pascua de Resurrección para Haití. Su donativo literalmente puede ser la luz que ayuda a otros a ver.

ESTACIONES DE LA CRUZ CANTADAS – Venga y refresque su alma

durante la Cuaresma con las estaciones de la cruz cantadas. En el estilo musical de Taize, estas estaciones únicas los invita a orar con reflexiones meditativas del Vía Crucis y a repetir una frase meditativa. Las Estaciones Cantadas se ofrecerán el 4 de marzo, el 18 de marzo y el 1ro de abril a las 7pm. Se ofrecerá la reconciliación de 6:30pm a 8:30pm. Para recibir más información, contacte a Monica Perz-Waddington:

monica.perz@verizon.net

CREACIÓN DE ESTERAS PARA LAS PERSONAS SIN HOGAR – La

Formación de fe de OLQP va a patrocinar un evento intergeneracional y para el enriquecimiento familiar el 21 de marzo de 10am-12pm en Fr. Ray Hall. Por favor únase a nosotros para aprender cómo hacer ganchillo para convertir bolsas plásticas de mercado en bellas y útiles esteras para que las personas sin hogar en Arlington puedan dormir sobre ellas. Empezaremos con una presentación breve sobre la falta de hogar y el ambiente, aprenderemos cómo hacer las esteras y terminaremos con un pequeño refrigerio. Por favor recicle sus bolsas plásticas aquí con nosotros – póngalas en la caja en la parte de atrás de la iglesia o tráigalas el 21. ¡Necesitamos entre 800-1000 por estera! Contacte a Christian Ruf: cruf@olqpva.org si tiene preguntas.

TARJETAS DE JUST\$ de Giant y Safeway estarán disponibles para este fin de semana, Colecta de alimentos, **inclusive después de la Misa de la 1:00 pm**. Si no puede traer productos alimenticios para la Despensa de alimentos de OLQP, puede comprar una tarjeta Just\$ y donarla a la despensa.

DONATE YOUR OLD EYEGLASSES – We are collecting eyeglasses for Lion’s Club International who recycle them for use in places such as Medor Haiti, like we have done in the past. Look for the clearly marked container in the closet to the right of the bathroom in the narthex for a place to put eyeglasses you would like to donate . Thank you.

40 DAYS FOR LIFE CAMPAIGN - The spring 40 Days for Life campaign began on Ash Wednesday and will run until April 5th. Please come out during this campaign and show your support for women and men facing challenging pregnancies. The location of the site is the Alexandria Women’s Health Clinic, 5999 Stevenson Avenue, Alexandria. Come join parishioner Thea Barron on Thursdays from 10am to 11am or come anytime between 7am and 7pm. Feel free to print the downloadable leaflets to hand out from the website: <https://www.40daysforlife.com/alexandria>

SEEC MOVES TO ARLINGTON MILL COMMUNITY CENTER

The Shirlington Employment and Education Center (SEEC) office has moved to the Arlington Mill Community Center (909 S. Dinwiddie Street, Suite 422). To hire day laborers call SEEC Office at 703-933-1101, or SEEC Executive Director Andres Tobar at 202-841-7988. The Pavilion will remain open until May 1st.

ST. ANTHONY OF PADUA’S 50TH ANNIVERSARY - St. Anthony of Padua in Falls Church will celebrate 50 year anniversary with a Mass and reception on Saturday, March 21st at 11:00am. Priests who have served over the years will join us as well as Bishop Burbidge. For more anniversary events, please visit our website: www.stanthonyparish.org

POST-ABORTION HEALING RETREAT FOR WOMEN who have experienced abortion will be held on Saturday, March 21. Begin your healing journey and experience God’s hope and mercy, and know you are not alone. For more information and confidential registration, please contact Project Rachel Ministry at info@helpafterabortion.org or 888-456-HOPE (4673)..

POOR PEOPLE’S CAMPAIGN will have a mobilization planning meeting in Fairfax County, Alexandria, and Arlington Sunday, March 15, at 7:00pm (Temple Rodef Shalom 2100 Westmoreland Street, Falls Church). Please contact Tim Beaty, timbeaty@gmail.com if you would like to attend.

DONE SUS ESPEJUELOS/GAFAS QUE YA NO USA – Estamos recogiendo espejuelos para el Club de Leones Internacional que los recicla para usar en lugares como Medor, Haití, como hemos hecho en el pasado. Busque el contenedor marcado claramente en el armario a la derecha del baño en el vestíbulo para poner las gafas que quiere donar. Gracias.

40 DÍAS PARA LA CAMPAÑA PRO-VIDA - La campaña de primavera de 40 Días pro-vida empezó el Miércoles de Ceniza y continuará hasta el 5 de abril. Por favor venga durante esta campaña y demuestre su apoyo por las mujeres y los hombres que se enfrentan a embarazos desafiantes. El lugar es Alexandria Women’s Health Clinic, 5999 Stevenson Avenue, Alexandria. Venga y únase a Thea Barron (feligresa de OLQP) los jueves de 10am a 11am o venga en cualquier momento entre las 7am y las 7pm. Puede imprimir los panfletos que puede descargar del sitio web: <https://www.40daysforlife.com/alexandria> para distribuirlos.

SEEC SE MUDA AL ARLINGTON MILL COMMUNITY CENTER

La oficina del Centro Shirlington para el empleo y la educación (SEEC por sus siglas en inglés) se ha mudado al Arlington Mill Community Center (909 S. Dinwiddie Street, Suite 422). Para darles empleo a jornaleros llame a la oficina del SEEC al 703-993-1101, o al director ejecutivo, Andrés Tobar, al 202-841-7988. El Pabellón va a estar abierto hasta el 1ro de mayo.

50 ANIVERSARIO DE ST. ANTHONY OF PADUA - St. Anthony of Padua en Falls Church va a celebrar su 50 aniversario con una Misa y una recepción el sábado, 21 de marzo a las 11:00am. Sacerdotes que han servido a través de los años y también el Obispo Burbidge se unirán a nosotros. Para obtener información de otros eventos del aniversario, por favor visite nuestro sitio web: www.stanthonyparish.org

RETIRO DE SANACIÓN POSTERIOR AL ABORTO PARA MUJERES que han experimentado un aborto tendrá lugar el sábado, 21 de marzo. Comience su jornada de sanación, experimente la esperanza y misericordia de Dios y sepa que no está sola. Para obtener más información e inscripción confidencial, por favor contacte: Project Rachel Ministry – 888-456-HOPE (4673) o info@helpafterabortion.org.

CAMPAÑA POR LOS POBRES va a tener una reunión en el condado de Fairfax, Alexandria y Arlington para planificar la movilización el domingo, 15 de marzo a las 7:00pm (Temple Rodef Shalom 2100 Westmoreland Street, Falls Church). Por favor contacte a Tim Beaty, timbeaty@gmail.com si quiere asistir.

JUST A THOUGHT OR TWO... This Sunday we hear Matthew’s account of the Transfiguration of Jesus...right before the eyes of three of the disciples, Jesus’ true identity bursts forth and in one brief luminous moment , Peter, James and John are themselves forever changed....”transfigured” with a growing awareness of who Jesus really is! I believe that each one of us has our own “moments of transfiguration”....moments in which we see or feel the very presence of God. They are moments when, deep inside, we come to know that God is present....that God is real. These moments of awareness hold the potential to transfigure our lives into something new...something wonderful. The challenge is to learn “to live out of” these moments... keeping these moments alive in our hearts and

minds allowing them to continually transfigure us more and more into the image and likeness of God. As we reach out to the poor and the marginalized, the immigrant and the refugee, we are transfigured by the experience as well. For in “the encounter of the other, we encounter God” and we are changed! As Jesus’ true identity shown forth on the side of that mountain, so may ours burst forth during this Lenten sojourn into the desert. What “transfiguration moments” have I recently experienced? Where have I seen the face of God revealed? Where is God calling me to this Lent?
Lenten Blessings,
Fr Tim

***Programs that are open to the entire community, but offered in English only.
Programas que le dan la bienvenida a toda la comunidad, pero que solo se ofrecen en inglés.***

CALLING ALL TEEN ACTORS, musicians, and theatrical technicians -- we want YOU to join us for OLQP Teen Theater's Spring 2020 production! We will have auditions in 1915 Edgewood St. Friday, March 13th from 6pm-9pm and Tuesday, March 17th from 6pm-9pm; and Sunday, March 15th from 7pm-9pm in Fr. Ray Hall. Come at any time during those time windows; your audition will take no more than 30-60 minutes. Those auditioning should come prepared to sing about 30-60 seconds of a song of your choice and dressed in clothes you can move in. No experience is necessary and all teens from 8th-12th grade are welcome! For questions or if you are interested in participating behind the scenes, contact us at OLQPTheater@gmail.com

RCIA RITE OF SENDING AND RITE OF ELECTION - Our catechumen and candidates participated in the Rite of Sending, last Saturday, at 5:30pm Mass. Through this Rite, their sponsors testified to our parish community that the catechumen and candidates have taken their formation seriously, have given evidence of their conversion and are ready to move forward in the RCIA process. Our participants signed the Book of the Elect or the Book of Candidates as appropriate. On Sunday, we went to the Cathedral of St. Thomas More for the Rite of Election. Through this celebration, the Church is recognizing that God has called these women and men to his banquet of love and to his work of building the Kingdom. Our catechumen went forward for Bishop Burbidge to sign the Book of the Elect. Our candidates were recognized through the Continuing Call to Conversion. Please pray for our participants as they continue to prepare to receive the Sacraments of Initiation at the Easter Vigil or Adult Confirmation at the Cathedral in May.

THEOLOGY ON TAP - Join us at Lost Dog Cafe, Monday, March 9, 7pm. Discussion open to any topic. Lost Dog is 2920 Columbia Pike, Arlington. Free underground parking around the corner on Walter Reed Dr.

STONE SOUP SUPPER SERIES -- The series on Learn, Pray, Act continues Friday, March 13, with conversations about gun violence prevention. Come out and learn something new!

STEPHEN MINISTRY - We hear you! Pain is evident in so many of the Intercessory Prayers. Know that you can find a compassionate listener in a Stephen Minister. Your situation need not be a catastrophic life event, or maybe it is. Whatever it is for you, don't hesitate to call Joan Brown at 703-608-5059 to be linked to a Stephen Minister who will faithfully, non-judgmentally "walk" with you.

CRS RICE BOWL -- This week we meet Trinh's family, farmers in Vietnam who have been affected by climate change. What would you do if your source of nutrition was threatened? How can we support those whose livelihoods are vulnerable to weather? The simple bowl on your table will remind you that what we do here in Virginia with our prayer, almsgiving and fasting affects people around the world. Did you know that 25% of Rice Bowl funds collected stay in our own Diocese? Grants are given to projects that assist people who are hungry. Thank you.

LENTEN CREATION CARE CHALLENGE: How are you doing in your first week of accepting the challenge to eat less meat in Lent? For more information and inspiration, see Part Two of our series in today's bulletin insert and read an excellent and delightfully illustrated New York Times article. Search: "Your Questions about Food and Climate Change Answered".

CARPENTERS SHELTER DINNER -- Thursday, March 19 Our menu this month is bbq beef sandwiches, veggie entre, coleslaw, salad, brownies and lemonade. Contributions can be brought to the **Parish Office kitchen** Mon-Fri, 8:30am-4:30pm labeled "Carpenter's Shelter" and placed in refrigerator, freezer, or counter or to **Father Ray Hall on day of dinner** between 4pm-5pm. If delivering directly to **Carpenter's Shelter** (located temporarily at Landmark Mall) **label clearly** "OLQP, Dinner and date of dinner. Sign up board is at the back of church or contact mary.resnick@gmail.com, 703-462-4841 to sign up.

FOOD PANTRY - This weekend is the parish food collection for the food pantry. Please drop off food in the bin in front of the church. If you were unable to bring food this week, please consider a Just\$ gift card or a monetary donation. Thank you for your continued generosity!

RELAUNCH OF THE FOOD SECURITY TEAM -- As our busy food pantry serves more than 250 families a week and the Administration proposes further food program budget cuts, we are looking to relaunch the food security team. The team has been on hiatus after our long-term lead retired and moved out of the area. If you are interested in joining us, please send an email to both Patvinkenes@yahoo.com and sdiazwells@olqpva.org.

**L'ARCHE GREATER WASHINGTON DC INVITES
OLQP FRIENDS TO TWO UPCOMING EVENTS!**

The SolidariDay Talent Show and Bazaar will take place Saturday, March 14th, 12:30pm in Father Ray Hall at OLQP. Come share in the gifts and talents of our community while raising money in support of L'Arche communities around the world! Be there when the Bazaar opens at 12:30pm, featuring handmade crafts, services, delicious goodies, and art created by L'Arche community members. At 1pm, take your seat as community members and friends showcase their talents to entertain, amuse, and bring you to your feet! Suggested donation: \$10 at the door; all are welcome!

Annual Heart of L'Arche Breakfast on Thursday, April 30th at the Key Bridge Marriott. "Called to Connection" is a chance to share breakfast and enjoy a program that highlights the people and mission of L'Arche through stories from their life together. Coffee and mingling at 7:30am, breakfast 8am-9am (yes, just one hour!) The breakfast is a free event and also a fundraiser; you will be asked to consider making a contribution, but there is no minimum and no maximum gift requested. As much as anything, we want people to find out about the great work L'Arche is doing to provide life-long homes for people who have intellectual disabilities. If you can attend, please contact Jennifer Vigarío (jmvgario@gmail.com) or Brooke Lacock-Nisly (events@larche-gwdc.org) to reserve a place at the table. Thank you!

Learn more about both events after masses this weekend - March 7th and 8th, when L'Arche representatives will be available in front of the church. Visit www.larche-gwdc.org for more information about the community.

LENTEN REFLECTIONS -- *The National Catholic Reporter* is offering a program of short (one minute or less) meditations on food, faith, and climate. The reflections are edited by our own parishioner, Jesse Remedios, who is part of the NCR staff. To sign up, go to Earthbeat Weekly: A New Idea for Lent.

MAT MAKING FOR THE HOMELESS

Join in this creative, intergenerational experience at OLQP –
Learn how to crochet mats for Arlington's homeless!

Saturday, March 21st, 10:00am - 12:00pm
OLQP Fr. Ray Hall

Create something beautiful and useful for our neighbors who live on the street, and help the environment by recycling ordinary plastic grocery bags that often end up in landfills or as litter on our streets.

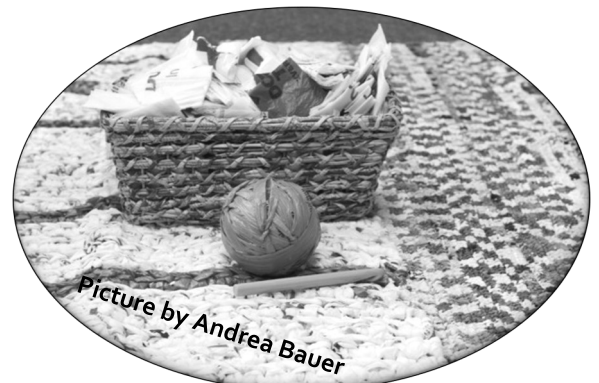
Each mat requires 800-1000 plastic bags so your donations are needed, too. Please bring what you have at home and recycle with us by placing them in the box at the back of Church next weekend or when you come on the 21st.

These mats are both useful to our homeless brothers and sisters and wonderfully resourceful in keeping the environment beautiful!



If you have questions please email
Christian Ruf at cruf@olqpva.org.

Light refreshments will be provided.



Join the OLQP

LENTEN CREATION CARE CHALLENGE, PART II

There is a nobility in the duty to care for Creation through little daily actions.

Pope Francis, Laudato Si, #211



Two weeks ago, in Part I of this series, we learned how the environment is affected by greenhouse gases, deforestation, and the huge quantities of water required for livestock production. We introduced this challenge to encourage you to reduce household meat consumption as a way to care for creation.

In Part II, we invite you to learn more about how eating less meat reduces our carbon footprint (the total greenhouse gas emissions resulting from every stage of a product's lifetime.) With that in mind, let's examine the environmental impact of meat production and look at the differences between the various kinds of meat and non-meat products (some of these stats will surprise you):

- ✦ **Land and Water Use** - Globally, humans use 59% of all the land capable of growing crops to grow food for livestock. One-third of all the fresh water that humans use goes to livestock, while only about one-thirtieth is used in homes.
- ✦ **Water Requirements** - It takes 1800 gallons of water to produce one pound of beef, 790 gallons for one pound of pork, and 540 gallons for one pound of chicken. One pound of corn needs about 108 gallons, potatoes about 34.
- ✦ **CO₂ Emissions** - Measured in pounds of CO₂ per 4oz serving: Beef (6.61), Pork (1.72) Poultry (1.26), Legumes (.11), Carrots (.07), Potatoes (.03). Clearly, vegetables and grains are more eco-friendly than meat; chicken is more eco-friendly than beef.

Americans have long relied on meat as the staple in our diet, but according to a new survey "Climate Change and the American Diet"**, 90% of those surveyed said they are willing to eat more fruits and vegetables, and 50% said they are willing to eat more plant-based meat and dairy alternatives. "We're at the early stages of what may be a profound shift in the American diet," says Anthony Leiserowitz, co-author of the report. "That shift is driven by growing concerns about health, the environment, drop in cost for (plant-based) alternatives, and technological change." Consumers are learning that a plant-based diet can be healthy, tasty and cost-effective.

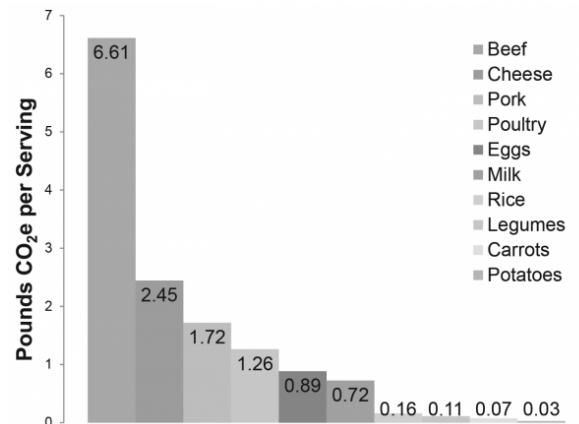
Actions you can take:

- ✦ Continue to eat less meat during Lent and experiment with integrating more plant-based foods into your meals. Any sacrifices you make can be a meaningful Lenten offering because these actions involve a change in your typical lifestyle.
- ✦ Learn more about the impact of food on the environment and share what you learn with your family and friends.
- ✦ Explore options for healthy eco-friendly meat and dairy alternatives at the grocery, restaurants, food and cooking websites.
- ✦ Go to the parish website for links to vegetarian recipes, articles on such topics as "Health Benefits of a Vegetarian Diet" and the resources referenced in this report. Visit the www.olqpva.org and click Lenten Creation Care Challenge under "News".

With prayer, reflection and mindfulness, this Lenten practice of earth-friendly eating can demonstrate our personal commitment to take "little daily actions" to combat climate change and show our Care for God's Creation. Look for our next update on March 21-22.

* University of Michigan Center for Sustainable Systems Carbon Footprint Factsheet

**Published by Earth Day Network and Yale Program on Climate Change Communication



According to the University of Michigan Center for Sustainable Systems Carbon Footprint Factsheet

A FAMILY MEAL PRAYER

Dear Father,
Many of our brothers and sisters around the world have only simple meatless meals. As we share this meal, let us pray that the bounty of this world may be shared with them as well as us.
In your name we pray.
Amen.

OLQP Integrity of Creation Team

Contact: Bill Larme, BLARME@ms.com

For more information, please visit our parish webpage:

www.ourladyqueenofpeace.org/integrity-of-creation.html



This program is open to the entire parish community, but offered in English only. Este programa le da la bienvenida a toda la comunidad, pero solo se ofrece en inglés.