

MINKISI'S 20TH ANNUAL MINI-RETREAT
“My Soul Does Magnify the Lord, and
My Spirit Sings of God, My Savior”

(cf Luke 1:46 & “Magnificat” hymn, Grayson W. Brown)



Led by Mrs. Therese Wilson Favors, the former director (19 yrs.) of African American Catholic Ministries, Archdiocese of Baltimore; adjunct prof., for Loyola Marymount U. (Los Angeles) and Xavier U. Institute for Black Catholic Studies (New Orleans). Mrs. Favors lectures throughout the country and prepares programs that focus on African-American issues surrounding catechesis, evangelization, and spirituality. In 2007, she was awarded the *Papal Honor of Pro Ecclesia Et Pontifice* by Pope Benedict XVI.

Saturday, November 11, 2017
9:00 AM - 3:00 PM
Registration/Gather 9:00 AM.
Opening Mass 9:15 AM in church,
Followed by Retreat Sessions in
Fr. Ray Hall, with lunch provided.
Freewill Offering. Bring non-perishable
food contributions for Matt 25 food
pantry.



Our Lady Queen of Peace Church & Hall
2700 S. 19th Street, Arlington, VA 22204
www.olqpva.org/minkisi.html
Fr. Timothy Hickey, CSSp, pastor

Pre-Registration required by Nov. 3, 2017. Send your name, email/phone and
indicate regular or vegetarian lunch to: Cecilia Braveboy, jisaac3@verizon.net,
703-979-5389.

(See the following pages for directions to the church and examples of non-perishable food donations.)

DIRECTIONS to Our Lady Queen of Peace Church, 2700 S. 19th St., Arlington, VA 22204. Church Phone is 703-979-5580. Parish website: <http://www.olqpva.org>. For more information about the Minkisi ministry, type minkisi in the search column on the right.

From Virginia (South of Arlington) via I-95/I-395:

Follow I-95 north to I-395, follow I-395 north until exit for Glebe Road, Rt. 120 (exit 7, north), follow Glebe Road for 3/4 of a mile, turn right on South 19th Street, follow South 19th Street to Our Lady Queen of Peace on your right (third block).

From Washington D.C. via I-95: Follow I-395 over the 14th Street Bridge (south toward Richmond), exit I-395 at Glebe Road / Shirlington Rd exit, turn right on Glebe Road, follow Glebe Road for 3/4 of a mile, turn right on South 19th Street, follow South 19th Street to Our Lady Queen of Peace on your right (third block).

From Virginia via I-66:

Follow I-66 east to the Glebe Road exit, the second light is Glebe Road, Rt. 120, turn right (south), follow Glebe for several miles until South 19th Street (1/2 mile after Columbia Pike), turn left at South 19th Street, follow South 19th Street to Our Lady Queen of Peace on your right (third block).

From Maryland via I-270:

Follow I-270 south to I-495 south toward northern Virginia, follow I-495 south to the George Washington Memorial Parkway, follow Parkway about 10 miles toward Washington D.C., follow signs for I-395 south toward Richmond, follow I-395 south until exit for Glebe Road, Rt. 120 (exit 7, north). Turn right off exit on to Glebe Road go 3/4 of a mile, turn right on South 19th Street, follow South 19th Street to Our Lady Queen of Peace on your right (third block)

From Maryland via I-95:

Follow I-95 south to I-495/I-95 (Capital Beltway) junction; follow I-95 south, go across the Woodrow Wilson Bridge taking I-95 over the Potomac River, continue on I-95 until the I-95/I-395 junction, take I-395 north towards Arlington and Washington D.C., follow I-395 north until exit for Glebe Road, Rt. 120 (exit 7, north), follow Glebe Road for 3/4 of a mile, turn right on South 19th Street, follow South 19th Street to Our Lady Queen of Peace on your right (third block).

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Examples of Non-Perishable Foods to Donate. Where possible please consider donating low sodium and low sugar non-perishable foods. Here are more details about the Food Pantry.

Our Lady Queen of Peace weekly serves an average of 170 families with its year round food pantry. More donations of non-perishable food items are needed throughout the year, not just for Thanksgiving and Christmas. As noted on the OLQP website:

A Food Drive is held the 2nd weekend of every month to stock the pantry shelves with donations of canned goods and non-perishable items for our hungry neighbors. Re-useable grocery bags and a shopping list are distributed on the first weekend of the month. The 2nd weekend Food drive does not provide for the current demand – an average of 170 bags of food are distributed to area residents each week to help supplement their grocery needs; nearly 9,000 bags a year – making food donations necessary throughout the month. Contents of our food bags include cereal, canned vegetables, canned (fruit, meat or tuna), pasta, pasta sauce or tomato products, macaroni and cheese, rice, and beans. Participants are also offered a choice of finely ground corn flour

for making tortillas or vegetable oil. Many weeks there are also produce items and bread. Ministry opportunities include helping with the monthly food drives, sorting and bagging food, shopping for what is still needed after donations come in, and distributing the bags on Wednesday mornings.

Thanksgiving Food Drive. [Watch the parish the bulletin for the date(s) to bring frozen turkeys.] The other items can come anytime. We also need canned vegetables, gravy (jar or can), boxed cornbread mix, canned pumpkin or fruit pie filling, canned cranberries, and \$10 grocery store (Giant or Safeway) gift cards... Volunteers will also be needed to organize donations.